10.23.12 / Dear Staff & Community~

Food Day is October 24th! Celebrate healthy, affordable, and sustainably produced food!

Tip of the Week: In honor of Food Day, how about changing your diet? Try filling your plate with more vegetables and fruits and less red meat this week! Not only is this healthier for your heart but it also lowers your carbon footprint!

-Food Day Events
Tuesday, October 24
Event: "In Organic We Trust," Film Screening and Panel
Panel: Prof. Emily Broad, Harvard Law School;
Andrew Gunther, Pres. Of Animal Welfare Approved;
Melissa Kogut, Executive Director of the Chefs Collaborative / Time: 6:30 PM
Location: Cambridge Public Library, Main Branch

Tuesday, until October 30
Event: Food Day @ the Farmers' Market at Harvard
Time: 12-6pm on Tuesdays, until October 30.
Location: Farmers' Market at Harvard
26 Oxford St
Cambridge, MA 02138

-Want to save money on your electric bill, help support CRLS Athletics, and help the environment? Friends of Cambridge Athletics (FOCA) has partnered with Viridian Energy for this exciting new program. Viridian Energy is a socially responsible green energy company that provides green electricity at a lower kilowatt-per rate to any home or small business in MA, NJ, CT, PA, IL or MD. Nothing changes in your life, you still can call N-Star for service calls, Viridian is just supplying your green energy. http://www.friendsofcambridgeathletics.org/viridian.html

-Walk/Ride Day at City Hall Annex
Time: October 26, 8:00-10:00 AM
Join us at the City Hall Annex (344 Broadway) Friday October 26th from 8-10 a.m. Get some breakfast, learn about your transportation options and check out the new Art Exhibit at CAC Gallery!~ http://gogreenstreets.org/

Best wishes,
Kristen

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Cambridge Green Schools Initiative~
http://www3.cpsd.us/sustainability/Sustainability