

3.18.13

Dear Staff & Community,

***Tip of the Week:** *Did you know – on average consumers buy 60 percent more than they planned every time they shop for groceries. The solution? Shop less to spend less. You can do this through freezing meals that you prepare in advance. That way, you can lock in savings for the entire month. Plus, ready-made meals save you the temptation to eat out!

***Friends of Alewife Reservation**

Wildlife walks sponsored by [FAR](#) impart the history and background to the DCR's Alewife Reservation, a rare urban wild in Cambridge. The walks are led by a professional wildlife assessor, Dave Brown. Tours last 2 hours. To prepare for the tour, or to get a "Virtual Tour", [click here](#).

***More Fresh Food!**

In addition to Saturday's "Winter Farmer's Market" (<http://www.cambridgewinterfarmersmarket.com/>) Cambridge now features the "C2W Market," a mid-week pop up farmer's market on Wednesdays! (<http://www.bostoncentral.com/events/farmer/p29492.php>) It is located in the former Blockbuster building in Central Square, open through April 24th from 2:30-6pm. Some of the primary vendors include Cuisine en Locale – Central Square, MA - Selling shares from their "Once a Week" delivery of cooked local foods and favorite ingredients from around New England including: Alex's Ugly Sauce- 3 kinds of hot sauce made from Stillman peppers; Four Star Farms- Farm grown grains and freshly milled flours and Cooks Bakery Jams – and many more!

***CitySmart Program**

Find all the resources you need to get around without getting behind the wheel at CitySmart. CitySmart helps you take advantage of all your options by offering maps, guides, tips, schedules and more. Find a new way to travel and help the environment! <http://www.cambridgema.gov/CDD/Transportation/CitySmart.aspx>

***School Sustainability Pledge**

Check out the new Cambridge Green Schools Initiative [Sustainability Pledge](#) which covers multiple environmental categories including products, food, energy, waste and greenspace. Questions or feedback? Contact Sustainability Manager, Kristen von Hoffmann at kvonhoffmann@cpsd.us.

***MIT Climate Co-Lab Contests**

The MIT Climate CoLab, a project of the Center for Collective Intelligence, is running a series of contests to solicit proposals on what to do about climate change. The

contests include “Transportation Efficiency”, “Shifting Cultures for a Changing Climate”, “Adaptation and Civil Society Groups”, “Local Solutions”, and “Urban adaptation: Climate resilient cities”, among others. For more information and to see proposals submitted to date, see the [Climate CoLab website](#). Winners will qualify for a cash award and also conference presentation spots.

***Art & Science in One at Tobin – Calling all Volunteers**

There are four openings for volunteers (age 55+) in a new, spring outdoor observational drawing program, Art & Science in One at Tobin. The volunteers will be receiving mini-classes in observational nature drawing and will also be working, alongside a science illustrator and an art teacher, with fourth and fifth graders at Tobin School. The highlight is two extended outdoor drawing sessions at Fresh Pond Reservation. Volunteers will need to enroll (including filling out CORI forms) by April 8th, which is the day of their two-hour orientation at Tobin. All sessions are on Monday afternoons. Interested volunteers are asked to contact CSV at csv@cpsd.us or 617-349-6794. Thank you!

***Massachusetts Sustainable Communities & Campuses Conference**

Sustainability: Practices & Possibilities; April 24, Worcester DCU Center. This conference connects stakeholders from government, education, business, and nonprofit to engage in cross-sector dialogues, learn about best practices and current trends, and go home with knowledge and resources to improve community and campus sustainability. The conference includes 75 presenters and 45 exhibitors who are leading experts, poster session for faculty and students, and informal lunch roundtable discussions. Registration fees apply. For information and registration, [click here](#).

***Secretary’s Award for Excellence in Energy and Environmental Education**

It's your time to shine! You and your students deserve to be recognized for the hands on, energy and environmental education happening in your classroom. Nominate your school today for Secretary Sullivan's Energy & Environmental Award.~

[Application for the 19th Annual Secretary's Award for Excellence in Energy and Environmental Education](#)

~

[Click here](#) to access the simple nomination form which is due March 22, 2013.

***New England Aquarium Lecture Series**

Thursday, March 21

*Book signing to follow

Race France to France: Leave Antarctica to Starboard

Rich Wilson, Vendee Globe Sailing Race 2008 - 2009

During 2008 – 2009, Rich Wilson became only the second American to finish the Vendee Globe, one of the most grueling and dangerous sailing races on the planet. At 58, Wilson finished ninth out of the 30 race starters despite his age, severe asthma and numerous bumps along the way. Wilson's tenacity, skill, determination and perseverance will inspire and motivate even the most landlocked audience member. A ~lifelong educator, Wilson has now turned his adventure into a book, ~*Race France to France*, and an online site for K – 12 students. ~[Register here.](#)~~

For a full list of the lectures:

http://www.neaq.org/education_and_activities/programs_and_classes/aquarium_lecture_series/index.php

Thank you, and have a nice week~

Kristen

Kristen von Hoffmann
Sustainability Manager
Cambridge Public School District
work: (617) 349-6856
mobile: (617) 599-7264

Cambridge Green Schools Initiative~
<http://www3.cpsd.us/sustainability/Sustainability>