

Monday, 7.25.11

**Dear Teachers, Staff, Students, Principals, Custodians, and Administration--**

Hello, I hope this e-mail finds you well and enjoying the summer. Below, please find our green **Tip of the Week**, an **Energy Update**, and a **Walk-Ride Days Calendar**. There is a Walk-Ride Days this Friday, July 29th--try to get to school or work by walking, biking, or using sustainable transportation.

- Tip of the Week: *Care for a plant in your classroom or office. **Why?** Because many indoor plants absorb air pollutants through their leaves and roots, and convert them into breathable air.*
- Energy Update: With summer underway, there are several steps you can take to reduce energy use.

- Turn off non-essential lights
- Close the window shades/blinds
- Use stairs instead of elevators
- Turn off lab equipment or smartboards when not in use
- Unplug appliances when not in use
- Shut off copiers and computers at the end of the day
- Set air conditioners on Low instead of High

- Walk-Ride Days Calendar:

Walk, bike, or use public transportation this summer to lower your carbon footprint and the District's overall footprint.

Walk-ride days is a collective effort to travel sustainably together on the last Friday of every month.

Website: <http://www.gogreenstreets.org/>

- July 29, 2011
- August 26, 2011
- September 30, 2011
- October 28, 2011
- November 25, 2011
- December 30, 2011
- January 27, 2012
- February 24, 2012
- March 30, 2012
- April 27, 2012
- June 29, 2012
- July 27, 2012

**Thanks for reading.**  
**-Kristen**

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