

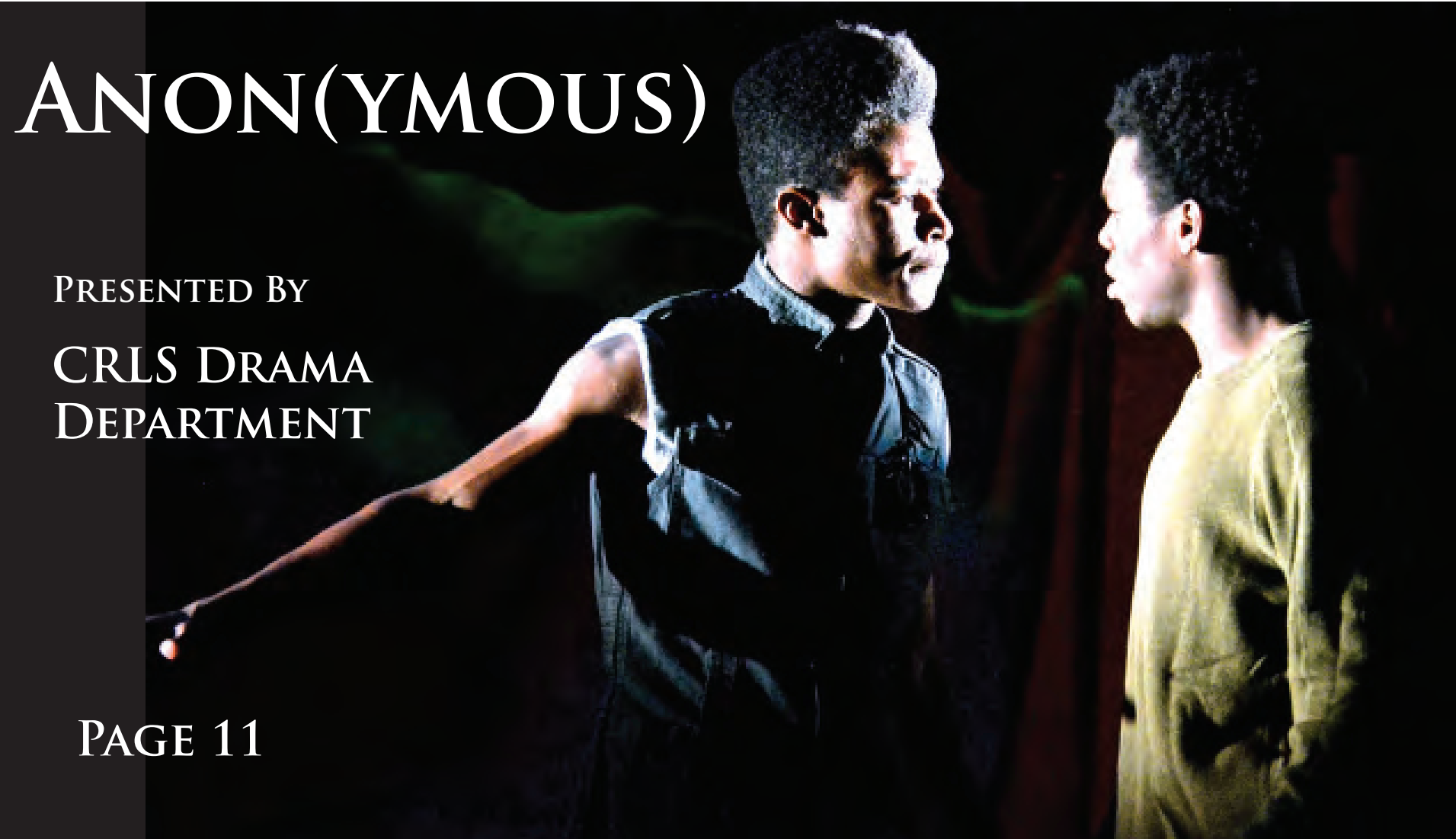
The REGISTER FORUM

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CAMBRIDGE RINDGE AND LATIN SCHOOL

MARCH 2014



ANON(YMOUS)

PRESENTED BY
CRLS DRAMA
DEPARTMENT

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Ocean Bowl Success for CRLS Model UN Takes the Big Apple

By
Chloe Marsanne
Register Forum Editor

The National Ocean Sciences Bowl (NOSB) is a nationwide high school academic competition that challenges students in their knowledge of the marine sciences including biology, chemistry, physics, and geology. NOSB was created in 1998 and has since created 25 regional competition locations all over the United States. The top national teams win prizes that send them to exotic marine locations around the world for learning, exploration, and fun.

Roughly 2,000 students compete annually, including a team of CRLS students: Ariela Schear, Clio Macrakris, Noa Randall, Andre Dempsey, Caspian Harding, and Eleanor Liberman. The team's advisor, Mr. McGuinness, teaches marine biology, oceanography, and

biology right here at CRLS. CRLS Senior Noa Randall states, "Mr. McGuinness puts a playful and fun spin to it, making it that much more fun. It's definitely the highlight of my week!"

The Ocean Bowl regional competition, the Blue Lobster Bowl, was held at Massachusetts Institute of Technology (MIT) Saturday, March 1. A total of 24 teams competed at this regional competition from 15 different high schools, but only eight teams placed. The CRLS team came in 4th place this year.

Ocean Bowl has been around at CRLS for roughly fourteen years. The Ocean Bowl club at CRLS meets one to two days a week: Thursdays after school, and Tuesday mornings. CRLS Senior Clio Macrakris proudly states, "Ocean Bowl is an awesome club because you learn a lot about the

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By
Andreas Xenopoulos
Register Forum Staff

From March 5th to March 8th, 3000 participants roll in to the New York Hilton Midtown Hotel to participate in the annual National High School Model United Nations (NHSMUN) conference. 150 schools from 20 countries across the world meet to work together to come up with solutions to global problems.

The NHSMUN conference has distinguished itself in the Model UN circuit to be a premier conference. School delegations represent a country and have to advocate for that country's wants and needs. This year, CRLS delegates represented Afghanistan to discuss topics ranging from poverty and world hunger to the future of space security. In total there are 29 committees at the NHSMUN conference.

For CRLS students, the trip was a mix of hard work and entertainment. According to club member Danielle Heims-Waldron, who went on the trips this year and last, "Students will be in conference most of the day, where they will be proposing ideas, compromising with others and ultimately coming up with a final resolution, but will also be able to explore New York City, get to meet students from around the world, and have a great time."

Model UN is a club that prepares students to be future leaders of the United Nations.

Through preparation, hard work, and dedication, the club teaches students how to speak for themselves, debate with others in a way that works towards a peaceable resolution as opposed to conflict, and gives students a perspective on global issues.

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Turtle Week

MCC Raises Awareness to Protect Sea Turtles

By
Jonah Conlin
Register Forum Editor

In the spring of last year, Marine Conservation Club—in its inaugural year—donated \$1,300 to the Right Whale Research Center at the New England Aquarium. Tessa Tracy, the club’s president, looks to raise that number for this year’s donation to another endangered marine animal: the Sea Turtle.

“Sea Turtles are local to New England, and all seven species are endangered,” emphasized Tessa. Along with fundraising for Sea Turtle preservation, the club is raising awareness by visiting the Vassal Lane Upper School, and organizing Turtle Week.

Turtle week begins March 31st and runs through April 4th. The club has organized activities for homeroom each day and a food sale during lunches A and B.

“We’ve worked really hard to make Turtle Week happen, so please remind your homeroom teachers to do our activities and look out for us at lunch,” continued Tessa.

For anyone that wants to get involved, Marine Conservation Club meets every Wednesday after school in Mr. McGuinness’s room.

“Make sure to like our Facebook page too for updates, marines news, and fun videos,” said Tessa.

More Scholarship, Less Debts

Why Not Apply for Scholarships to Reduce Student Loans?

By
Faralove Raphael
Register Forum Staff

Each year, CRLS offers \$253,000 in scholarships for students to go to college. Last year, 100 students were awarded the \$253,000 in scholarship money. However, it is unclear how many students will get the money this year.

Assistant Principal Mr. Tynes states, “A day before the scholarships deadline, less than thirty students had applied for scholarships.”

According to people who were interviewed, the big problem that makes students miss opportunities like this is procrastinating. But even though some students are leaving things for the last minute, not all of them do.

Chloe Lee-Sarenac, who is a senior, has applied for sixteen scholarships. She states, “It is a great opportunity to get scholarship money to pay for college, because colleges are very expensive.”

CRLS provides students a variety of support systems to ease the process of applying for scholarships. During the scholarship application process, CRLS offered sessions to help students apply every Wednesday. Still, many people did not apply until the last minute.

Elaine Schear, who is a co-founder and the president of FoCRLS, declares, “It might be a stress factor for the students because they have school work to do at the same time they have to deal with applying for scholarships.”

Despite the fact that the school website has all the information that the students need to know about scholarships, many have not taken advantage of all those opportunities.

“It is my job to push the students and if I had not done so, most of them would have not applied,” states Sandra Canas, the director of City Links, an after-school program. Eight out of nine seniors in City Links applied for scholarships, which suggests that what students really need is motivation. “The students are not able to advocate for themselves,” says Sandra Canas.

Some students said they do not know if they will be eligible for a scholarships. To find out if they are eligible for scholarships, students can go to the CRLS website, register for scholarships, and see the entire list of scholarships.

Mr. Tynes continues, “The Boston Public Library is a good place where students can find out information about scholarships and also find help to apply for other scholarships.” There is a lot of help for students, but many still procrastinate.

According to Mr. Tynes, juniors should start thinking about scholarships as soon as possible. Sandra Canas also thinks the students should start finding out information about scholarships early and not leave them for the last minute.

Students, take the benefits of all opportunities offered. If help is needed, there is the tutoring center and the CCRC there to help. Do not make the mistake of waiting too long, juniors!

Making AP History Work for Us

The Pressures Students Face in a Contextually-Driven Course

By
Leah Cohen
Register Forum Editor

The College Board and CRLS address the pressure students face in a contextually-driven course

History students, take note: the College Board, responding to complaints about the heavy emphasis on content in their 3-hour AP U.S. History test, is premiering a new design in 2015. The new assessment will place a high premium on analysis skills. The multiple choice questions will ask students to work like a real historian, analyzing bias and understanding connections between sources.

The College Board will also provide classrooms with an abbreviated list of historical topics that may crop up on the exam, so that teachers can spend more time on fewer things without letting their students down come exam day.

The College Board website explains, “The lack of specificity put pressure on many teachers...they attempted to cover every detail of American history. Many felt unable to dedicate suf-

ficient class time to helping students apply content knowledge to the practice of historical analysis, interpretation, and writing.”

That doesn’t mean that the test will cut out content-based questions altogether. And that’s a good thing, according to CRLS APUSH teacher Marlin Kann, who notes the importance of memorization, both as a life skill and a factor in historical literacy. “History is not an abstract concept, it’s a collection of facts,” he explains. “Knowing your chronological history is like knowing what time it is and how you got there. If you’re souped up on your skills but don’t know your history, you don’t know your time.”

Tanya Milner, the dean of the History department at Rindge, echoes that: “I know that the class makes you work hard. But you need to have a thorough understanding of the facts before you can talk about what’s going on right now. You can’t just sit around with your wine glass, asking why our country is so racist. You have to know all the



Photo Credit: Apushhistorynotes.org



Photo Credit: ctvnews.ca

events that led us to this place.”

But Milner does acknowledge the pressure that the APUSH curriculum, in its condensed one-semester form, can put on students. So she’s excited that Marlin Kann, a CRLS History teacher, will be teaching a new class over the 2014-2015 school year: a first-semester US 1 course that will transition to a second-semester APUSH class, for sophomores.

Understanding that the intensely independent nature of the APUSH class as it stands might intimidate even strong history students, Kann believes that what is essentially a full-year

APUSH class will calm the pacing of the course and emphasize skill-building along the way.

Senior Alessandra Fix, noting that her experience was reflective of the AP standards and not CRLS or her teacher, expressed frustration with the class she had devoted herself to for a semester. She says that “APUSH wasn’t worth it. I learned facts and then forgot them. My friends who took US 2 know a lot more about that time period.” But Fix’s experience wasn’t universal. Senior and fellow APUSH veteran Grace McCabe explains, “I don’t regret taking APUSH at all. I think the fast, independent nature of the class worked for me, and I gained a solid foundation in U.S. history.”

Team “Bionic Beef” Moves On

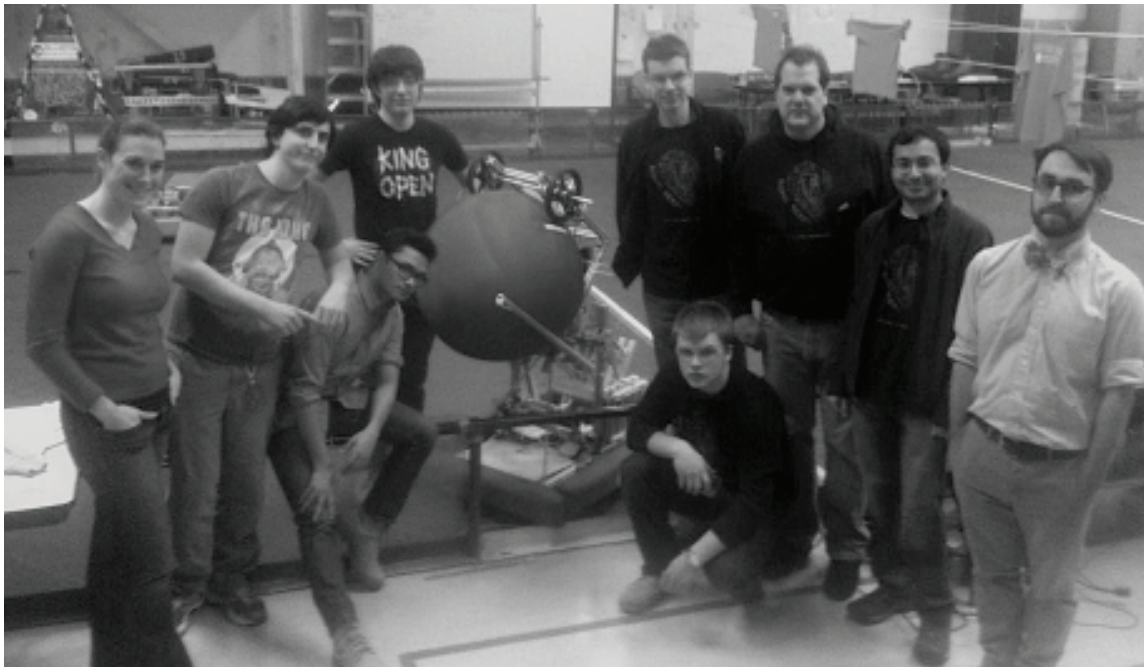
By
Joshua Nolan
Register Forum Staff

The CRLS Robotics Club competed against 39 other high schools from across upper New England in the FIRST Robotics Granite State District Event on February 28th and March 1st, part of the annual FIRST Robotics Competition, coming in 13th place.

The team plans to continue its strong performance in the upcoming competitions. Tucked away in the farthest corner of the Rindge building, this club is shrouded in mystery, and nobody except members clearly know what the club does.

However a surprising amount of people at CRLS know about the club, due to various sources. As senior Grace McCabe said, “I’ve seen the robots at spirit days and other kind of events around the school.” Other sources include recruitment posters around the school and hearing about the club from friends who were members.

Despite the large amount of people who know about the club, very few outsiders know the inner workings. The general knowledge was expressed by sophomore Sejah Rollins-Laurent: “I think they build robots and go places



Bionic Beef (Left to Right: mentor Koreen Shoham, sophomore Ben Gross, senior Josh Nolan, junior Beau Rideout, senior Carter Doyle, mentor Mr. Hauck, mentor Ghandi
Photo Credit: Nicholas Gross

to compete against other schools.” When questioned further, however, what these competitions were, when they happened, or whom they were against remained unknown.

The CRLS Robotics Club is part of a national system of high school robotics teams. Every year, the club takes part in an annual competition called the FIRST Robotics Competition (FRC). Run by FIRST, standing for For Inspiration and Recognition of Science and Technology, a 501(c)(3) public charity that encourages students to explore science and engineering, the competition reached 2,720

high schools and 68,000 high-school students this year.

Founded in 1989 by Dean Kamen, the FRC gives

three robots per team. Although ultimately placing in 13th place Nashua, CRLS was part of the third place alliance. The next competition is at Northeastern.

Despite the shroud of mystery around the club, junior Lucia Solórzano, a part-time club member, said that the club “is an open environment, and even if know nothing about robotics you can still join and learn.” Junior Isaiah Carpenter-Winch, another member of the club, said that people outside of the club “should know how fun it is, even for beginners.

Everyone is welcome, regardless of previ-

Everyone is welcome, regardless of previous experience, and it’s great getting to see the robot work...

teams of students exactly six weeks to design and build a functioning robot to compete in a tournament. Every year, the tournament game changes. The competition details are released in the first week of January, and after the 6 weeks, the robot is sealed in a bag and ready for competitions to start.

The games are played in alliances, with

The Rise of Club 1 Interest in Feminist Discussion Emerges

By
Andres Bullon-Puckett
Register Forum Editor

It wouldn’t be hyperbole to say that CRLS has everything that a high school could offer: acclaimed arts programs, tenacious sporting teams, charitable organizations, and culturally aware clubs. The CRLS website lists 60 clubs at the schools, while there are 31 sports teams in addition to the art programs.

Despite this incredible array of opportunities, CRLS students still lack a forum devoted entirely to gender issues.

“There are real issues regarding gender discrimination in our society and at Rindge. We want to focus on empowering and raising awareness among women and

men as a response to this negativity,” says sophomore Klara Ingersoll, who’s attempting to start up a Feminist Club at CRLS.

According to a Teen Health Center survey from 2012, 48% of CRLS students are female. Of course, everyone is impacted by feminist issues.

“We feel as if there are enough students, female and male, young and old, who are willing to devote time to the club and related events,” explains senior Chloe Lee-Sarenec, a hopeful for the Secretary of Feminist Club.

Some people aren’t as optimistic about the prospect of a new club. Senior Phong Ta says “I don’t think I’d join,” he explains that “it’s too controversial.”

But what does a club at



The feminist band known as киска бунт (“kiska bunt”)
Photo Credit: theguardian.com

CRLS need to in order to officially become a club?

“The first step is filling out a proposal packet. Then, my office reviews it, and we see if it fits the criteria and fulfills the school motto,” explains Ingersoll, who has sent in her application.

Plenty of students, young and old, male and female, have ex-

pressed interest in the club. Over 60 students voiced their support on Facebook alone.

“The process of starting up a club is pretty long and trying, but in the end, I think that it’s really worth it,” says Ingersoll.

The Feminist Club is still awaiting acceptance, but Ingersoll hopes that it starts up in late March.

The Final Countdown

What to Expect From Seniors During Their Last Semester

By
Evan Kuh
Register Forum Editor

First semester has long come to a close and it appears to be that time of year again. There is activity all around the school; students are settled into new classes and juniors are amidst the second semester of their hardest year in high school. However there is also something afoot; it would appear as if one group of students has packed it in. Every year countless seniors suffer from a horrible sickness known as senioritis.

Jane Yang, a CRLS senior said, “I keep trying to tell myself that I have to try really hard this semester, but my motivation is truly at an all time low.” Yang is not alone; one can almost feel the laziness in the air when walking through the hallways.

Many seniors have already been accepted into college and the mere thought of doing work is enough to cause exhaustion. Facebook statuses go up counting down the days until graduation and tweets are soon to follow. At times it gets so bad for some students that they don’t even have the energy to “like” a status or favorite a tweet. When this happens you know its trouble.

In a matter of weeks the motivation of nearly four hundred students will hit rock bottom as the flowers begin to bloom. So what causes such a rapid decline in motivation? In



Above two seniors have caught the itis.

order to understand senioritis and act accordingly the Register Forum asked Alum and former senior class president Mahmood Abu-Rubieh if he had any advice. “Senioritis if not approached properly can be a dangerous thing. Just like any other addicting drug, do it in a safe place and at the right time (after you have been accepted to college). Be smart, kids.”

nior year is like that Brad Pitt movie where he is originally mad old and the he becomes mad young. Because you want to act like a little kid, but you still got all that wisdom.” Students who were standing close by nodded in agreement at Grant’s remark.

Senioritis doesn’t only affect seniors but family members as well. Sophomore Ross Baker, Grants younger brother, remembers seeing a side of Grant never seen before: “All Grant did was watch HBO series, occasionally leaving his room in an attempt to scavenge for food.”

While Senioritis comes in all different forms, it almost always comes. Keep your heads up lower classmen as you walk around the school this spring because you can bet that seniors won’t!

“All Grant did was watch HBO series, occasionally leaving his room in an attempt to scavenge for food.”

CRLS alum seem to remember their second semester as a senior well. When asked how he would describe senioritis Grant Baker, who now attends Amherst College, pondered for a moment before saying, “Second semester se-

Is Your Low Fat Diet Making You Fat?

By
Nicholas Thilo - McGovern
Register Forum Staff

Recently scientists at The National Center for Biotechnology Information published a study supporting the increasing evidence that low fat diets are not a healthy weight loss technique.

With almost 70% of America overweight or obese, people everywhere are looking for the next “quick and easy” way to lose weight. New evidence has pointed to a counter-intuitive diet that involves eating very few carbohydrates, known as Keto.

Vanderbilt University stated that the Keto diet has been around since the 1920s as a way of fighting epilepsy in teenagers and young adults. Since then other benefits have been discovered that include lowering cholesterol, reversal of type two diabetes, acne prevention, and a way to treat brain cancer. However, not everyone is convinced.

Junior, Renata Watson, warned people not to “eat too much of one thing.” She was very adamant that people “Stay away from Oreos.”

Biology teacher Barbara Dorritie when asked about Keto was quick to call it a “fad diet,” saying people should eat “lots of fruits and vegetables” and “less meat.”

Some students, like Junior David Daniel Brown were more open to the new eating habit saying, “Different people respond differently to different diets.” He optimistically added, “It might be worth trying.”

Keto involves eating the exact opposite of what Dorritie suggested. 65% of the calories a person eats on Keto must come from fat. Only 5% would come from carbohydrates, primarily from green vegetables.

On Keto a person should have no more than 20-25 grams of carbohydrates a day. That is equal to less than half a can of Coke or about a quarter of a whole grain bagel.

Many, such as members of a Keto related Facebook page, have had tremendous success on this diet and do not feel hesitant about their drastic new eating habits.

Tom English, a “Keto-pian” for just over a year started at 470 pounds. “I’ve lost 189 pounds since then,” he said. “I

went from a size 60 pants and XXXXXL shirts to 42 and XXL,” he added. Noting, “I have no urges or cravings for anything that isn’t Keto.” Mindy Fraser, having lost 46 pounds in four months, said “It’s pretty much the easiest diet I have ever been on.”

Most carbohydrates burn up quickly allowing for large bursts of energy, while fat and protein burn slower providing a steady stream of energy.

When on Keto, the body produces Ketones. Ketones are a more pure and healthy source of energy according to new studies. In some studies Ketones produced twice as much energy as glucose. It is the release of these Ketones that result in the lack of cravings and ease of the diet.

A typical meal for a “Ketopian” might consist of an omelet stuffed with chilli, cheese, and covered in sour cream. A stuffed cheeseburger or a flourless, sugarless chocolate cake is also not off the menu.

If these studies are confirmed, it might not be long before your doctor is telling you to cut out the whole grain and start eating more bacon.

New Year, New Milk

By
Charlotte Rosenblum
Register Forum Correspondent

Recently a new way of serving milk has been introduced in the CRLS cafeterias. The regular recycleable plastic milk cartons have been replaced by bulk milk being served in compostable cups. This idea of compostable milk cartons was proposed by a student at CRLS for a class project with Dr. Abrams science class.

Though these new milk cartons are better for the environment, many students such as Freshmen Sophie Burneika and Mihir Edulbehram claim that the new milk is “watery”, although in all technicalities, it is the same milk as before, just in a different container. In the new containers, the serving size of milk is six ounces as opposed to the eight ounces in the plastic containers.

According to the Environmental Protection Agency, though these plastic milk cartons are recyclable in the sense that they can be melted down to make new milk cartons, here in the U.S. none of our plastic milk cartons are made from this melted recycled plastic due to fears of bacterial and chemical contamination. Only 28.9% of these cartons actually end up in the recycling bin, meaning the other 71.1% spend hundreds of years rotting in a landfill.

Common Core in Cambridge

What Education Reform Will Look Like At CRLS

By
Zoë Burbridge
Register Forum Staff

Right now, Cambridge is in the midst of implementing the Common Core--a new method of educating that standardizes learning across forty-five states and the District of Columbia.

The Common Core focuses on a set of attainable goals and skills in math and English language arts that are designed to give kindergarten through 12th grade students a standardized, realistic, and complete education nationwide. Students K-11 will have their skills assessed using the computer-based Partnership for Assessment of Readiness for College and Careers exam (PARCC). The PARCC is going to be field tested on select classes this spring and is expected to replace the MCAS as soon as next year.

Phoebe West, a senior who is currently following the Common Core, explains, "the PARCC is intended to be taken entirely online. This is a huge switch from the traditional pencil and paper standardized tests we're used to, and it will be a difficult switch for schools

that lack the required resources and funding for every student to have access to a computer for the PARCC."

Both a performance based exam and an end of year exam will be included in the PARCC's 2014 trial run. Though the PARCC is intended to be taken entirely on a computer, during the upcoming field test some schools will take a paper version similar to a traditional standardized test.

Cambridge Rindge and Latin will be participat-

"...the PARCC is intended to be taken entirely online. This is a huge switch...."

ing in the trial run of the PARCC. "Three ninth grade English classes will be taking the ELA test in May, the same day as the math MCAS" says dean of curriculum Mr. Gaglione. At the time of reporting, the three participating classes had yet to be decided.

Despite a fast approaching test date, few are aware that we are participating. Alex Stewart, a freshman who is currently taking English 9 and is eligible to participate in the PARCC field test says "I've never even heard of the PARCC."

Following its introduction in 2010, school districts throughout Massachusetts have been gradually implementing the Common Core standards and integrating their guidelines and suggestions into their curriculums to prepare for the PARCC.

With the Common Core focusing on pacing and making an effort to revoke the normalcy of overachievement in hopes of alleviating some of the stress students face academically, math and english classes can expect big changes over the next few years. Notably, Algebra 1 is expected to not be included in the 8th grade math curriculum, meaning less students will be able to take Calculus and other AP math classes.

CRLS won't be the only school facing changes: private schools are also striving to meet Common Core standards. Andrea Smith, a sophomore explains, "My mom works at a private school in Cambridge that is planning to adopt the Common Core curriculum as to try to be on the same academic level as public schools."

For more detail on Common Core standards go to corestandards.org. Practice material for the PARCC can be found at parconline.org.

OCEAN BOWL

Continued from page 1

oceans, extending what you learn in Marine Biology and Oceanography."

This year, the team also went on a trip to the Bahamas during February vacation, which acted as an extended bonus for the club. Both club members and non-club members went on the trip, but generally, all the students were interested in marine biology and oceanography. CRLS senior William Feeny, a non-Ocean Bowl club

member, speaks about his trip to the Bahamas: "We snorkeled at least once a day in coral reefs, but sometimes in ship wrecks and even in mangrove flats. In addition, every day we had two hours of exploration time."

"Ocean Bowl gives students an opportunity to study anything about the oceans at a higher level than the norm."

All in all, as Mr. McGuinness claims, "Ocean Bowl gives students an opportunity to study anything about the oceans at a higher level than the norm." The CRLS Ocean Bowl team is recruiting students who are passionate about the oceans. Anyone can join, from all grades—prior experience is not necessary. Come one, come all!



From left to right: Mr. McGuinness, Noa Randall, Ariela Shear, Caspian Harding, Clio Macrakis, Andre Dempsey

CRLS RESPONDS:

What will you miss most about winter?



Tessa Tracy
Class of 2014

"Movie season before the Oscars!"

Conor Naughton
Class of 2015

"Jackets... they are fun to pick out and wear. I feel naked without a nice jacket."



Mo Nelson
Class of 2015

"I'll miss the winter drinks at Starbucks, to be honest."



Calvin Scannell
Class of 2017

"The thing I'll miss most about winter is swimming!"



Banesca Previlon
Class of 2014

"I will not miss anything about the winter because it was too cold."



Lucas Raagas
Class of 2016

"Snow days. Snow days. And nothing else. Oh, and basketball."



Brennan Yee
Class of 2017

"I will miss getting driven to school the most."





Photo Credit: Larry Aaronson

Students Join Kimbrough Scholars Project - Restore Justice for Eugene Bells

By
Katherine Yearwood
Register Forum Staff

“I feel awesome to be a part of this project because it’s something I’ve always wanted to do. I’ve dreamed of utilizing knowledge I acquire in the classroom and empowering and helping those around me, and that’s exactly what being in this project (Kimbrough Scholars) can do,” said Charles Boateng, a CRLS senior.

In the middle of January, there were six openings for CRLS upper-classmen to join the Kimbrough Scholars project, a restorative justice case sponsored by Northeastern University.

Of all the students who originally looked into the project this past January, only five of them are in it this semester: Senior Charles Boateng, Senior Nana Serebour, Junior Maedot Kassa, Senior Daniella Heims-Waldron, and Senior Katherine Yearwood.

The students meet during period four in room 1607 or at Northeastern University to work with Bayliss Fiddiman, a graduate law student, who con-

siders it “a great opportunity for me personally to marry my passion for civil rights, history, my interest in law, and my desire to promote education. And doing the project will help me ensure the next generation will pass on the work.”

The focus is to restore justice to Eugene Bell and his family. In 1945, Eugene Bell, an honorably discharged sharecropper of African descent, was murdered in front of a group of people--both black and white--in Liberty, Mississippi. Although there were multiple witnesses to the murder, intense racial discrimination no one was ever held accountable.

“It’s important to remember that even if it’s in 1945 [Bell’s murder] the case didn’t die because of how African American’s were treated” states Kassa. African Americans were taken advantage of, beaten, raped, and terrorized when Bell died.

65% of the twenty CRLS students who were asked considered the laws surrounding 1945 unfair for blacks; the Kimbrough project is advocating for victims in history, so people can know what happened

between black and white Americans.

The group works during and after school doing the work needed, historical readings, analyzation of historical events and figures pertaining to racism, and writing essays, in order to have a better grasp of life for blacks in the 1940’s.

This project allows students to sharpen their analytical and communication skills, moreover the members of Bell’s family know that people are thinking about Bell and are trying to restore justice for him.

“If there is no justice [for Eugene Bell and his family] then it should be acknowledged that the case was not solved,” said Serebour. The students in this program aren’t the only ones who feel passionately about restoring justice for others; 70% of CRLS students who were polled said there should be more restorative justice programs. According to this statistic of the opinions of CRLS students, the Kimbrough scholars project is doing the appropriate thing in trying to heal an old wound by restoring justice for Eugene Bell and his family.



Photo Credit: Larry Aaronson

More Prevalant or Publicized: Students Weigh In on Modern Coverage of Gun Violence

By
Jonah Conlin
Register Forum Editor

The movement in Cambridge has long been toward stricter gun laws. One of the few states with restrictions on assault weapons and high capacity magazines, Massachusetts is a model of gun conservatism in the U.S.

Last year Senior Halie Binstock organized the 2013 Youth March Against Gun Violence. “In early 2012, Trayvon Martin’s highly publicized death brought

‘Gun violence is totally misconstrued... because the amount of homicides has gone down and the coverage has risen’

the issue to the forefront of my mind...and in December, the Sandy Hook shooting was the atrocity that finally pushed me out of passive horror into active planning mode,” says Binstock.

Yet, violent crime is in longstanding decline. According to the Bureau of Justice Statistics, homicides involving a firearm decreased by nearly 50% since 1992. Which leaves the average number of annual firearm homicides at 10,821.

“Certainly the Internet has allowed people to publicize gun-violence much more and get their story told,” admits Binstock.

Binstock raises an important question: in the U.S. is gun-violence more about crime or shock-factor?

Mass shootings have received more media coverage than any other form of gun-violence. The remaining gun-violence coverage focuses mainly on racially charged cases like Trayvon Martin or more recent Stand Your Ground cases.

“Gun violence is totally misconstrued,” said Senior Martin Feld, “because the amount of homicides is going down and the coverage has risen. It’s like the less people die the more its covered.”

School sage Larry Aaronson added that gun vio-

‘it’s still shameful--the amount of gun-related deaths, expecially considering how low the rates are in other developed countries’

lence is “definitely politicized...the gun lobby in Washington is attached to the gun manufacturers and so by ratcheting up the pressure with media coverage and the threat of new gun control, they build fanaticism so that people go out an buy more guns and ammunition.”

Binstock, however, maintains that gun violence deserves to be addressed: “it’s still shameful—the amount of gun-related deaths, especially considering how low the rates are in other developed countries.”

In Germany, with a population about one-fourth the size of the U.S., 662 homicides occurred in 2011—13,950 less than the U.S. 158 of the homicides in Germany involved a firearm; 10,821 in the U.S.

For her part Halie Binstock recognizes the overall decrease in gun-related homicides, and the risks of politicizing them, but she does not regret her march: “I’m more concerned with the many urban gun-violence that affects people and communities that don’t have the opportunity to reach a huge audience. That was what the march intended to target.”

Russia Storms Ukraine

Ukraine Looks for Hope as Russia Occupies Crimea Region

By
Noah Beckert
Register Forum Correspondent

Since the recent presidential coup in Ukraine, tensions continue to rise as Russia deploys thousands of troops in Crimea. President Vladimir Putin got permission from Russia’s parliament on March 1st to use military force in Ukraine leading many Ukrainians to believe that Russia has just began its invasion on their country.

CRLS freshman Skyler Heller believes “The situation in Ukraine isn’t getting enough attention... I feel like many students here don’t even know that it is happening.”

On the 23rd of February the then acting Ukrainian President Viktor Yanukovych was kicked out of office after months of protests on the streets of the Ukraine. After around 100 civilians were killed when protests turned violent, Yanukovych was charged with mass murder, leading to him to flee Kiev.

CRLS sophomore Clare McDermott comments, “A person who runs a country should not be an enemy to that country”.

With the government now left in shambles, and presidential elections being hosted in May many do not know how well Ukraine will respond to Russia’s imposed threat. Ukraine has begun to move reserve troops near the region of Crimea attempting to stop any further Russian advances.

CRLS chemistry teacher and Ukrainian Citizen Irene Zhaurova states, “I am scared of the United Nations and United States entering the conflict because when they do, the situation has proven to get worse.”

The G7, including the eight most developed countries in the world (excluding Russia): United States, Germany, France, United Kingdom, Canada, Italy, Japan together agreed to not meet until Russia can join for a “meaningful discussion”. In a recent statement by the G7 they commented, “We are united in supporting Ukraine’s



Photo Credit:magazinelibertas.com

sovereignty and territorial integrity, and its right to choose its own future.”

Although world leaders are holding discussions with Russian President Vladimir Putin, they refuse to have any interactions with Russia until they find a “diplomatic” way to handle the situation in Ukraine.

The Russian Government is currently in violation of the 1997 agreement with Ukraine, and also the United Nations Charter. Current Ukrainian Prime Minister Arseniy

Yatsenyuk stated that Russia had made a declaration of war on the Ukraine, if this war were to happen it would be the first major war in Europe since World War 2, and the 5-Day war which also involved Russia in very similar circumstances.

As the situation develops many hope that the political feud between the Ukraine and Russia will be resolved diplomatically although with the current military standoff in Crimea some are waiting for the first shot to be fired.

Scottish Referendum for Independence

By
Shubhan Nagendra
Register Forum Correspondent

The referendum date was revealed to be 18th September 2014 by the Scottish government.

Scotland and England have been united by the Act of Union for over three hundred years. Scotland was an independent country, prior to the Act. In the decades after the Second World War, questions have been raised over an independent Scotland.

In 2009, a Referendum Bill was published, which outlined Scotland’s desire to be independent. Subsequently, the bill was withdrawn by the Scottish government after it did not receive opposition support. However, the intentions for an independent Scotland were not diminished, as the Scots began negotiations with the British.

The idea of a sovereign Scotland brings its own challenges, particularly with the economy. The country is in a deadlock over which currency would be best suited to them if they are independent. Two fifths of the people of Scotland want to retain the Pound and others want the Euro, after joining the Euro-

pean Union and subsequently the Eurozone.

The UK parliament questions Scotland over a currency union saying that it might cause the same problems as the Euro did for the countries in the Eurozone.

In an exclusive email interview with this correspondent, Professor Andrew Hughes Hallett, member of the Council of Economic Advisors to the Scottish government said that “Scotland has a free choice except with which requires negotiation.” This would obviously benefit Scotland because they don’t have to get involved in a third party currency like the Euro.

Professor Hughes Hallett, who is also a member of a small group that is in charge of designing the economic framework of Scotland, said that the Pound would benefit Scotland because it “allows a single financial zone with no extra uncertainty and that it prevents rising currency problems.”

Alex Salmond, First Minister of Scotland, hinted to the media, that Scotland will adopt the Pound .This is a big move for Scotland because they will continue to share the same currency with the rest of the UK, forming

a currency union. The Scottish government insists that it will only benefit by the Pound because of Scotland’s profits from the North Sea in oil and gas.

However, Professor Hughes Hallett believes that adopting the Euro would be unwise of Scotland “because both trade (both ways) and investment are so overwhelmingly in pound and dollar terms, there would be big costs and stability losses in switching to the euro.”

The idea of keeping the European Union membership is still not out of the question for Scotland. However, Jose Manuel Barosso, European Commission president, recently gave an interview to the BBC on whether Scotland can retain her EU membership. He said that it is very hard for Scotland to become an EU member if they are independent, because some member states may not recognize it as a sovereign state, citing Spain’s negligence in recognizing Kosovo as an independent country.

The referendum date is upon the Scots and the decision to be independent, depends entirely on the choice of her people and whether Scotland can find solutions to her problems.

MODEL UN TAKES BIG APPLE

Continued from Page 1

Model UN revolves around the actual United Nations, which is “where diplomats come together to collaborate and formulate resolutions to address relevant global issues,” as stated by club member Jake Heller. The United Nations has evolved since its inception to include 193 countries that work on problems like world hunger, climate change, government instability, and military conflict.

For first-year attendees, the conference gives a perspective on world issues, and how real diplomats deal with issues. Speaking about his excitement for the conference, first time CRLS NHSMUN delegate Stephan Rufer declared, “The trip will be a fulfilling experience which I can attend with my friends and meet people from all over the world.”

The club continues to grow in popularity and the trip will keep on happening. Each year the Model UN club’s goal is to be as prepared as possible for the conference for each individual committee.

Club advisor Brendan Kells expressed how “this experience cannot be replicated in a classroom setting.” Attending the NHSMUN conference helps develop public speaking, collaboration, companionship, and confidence, things that are very helpful in the world today.



The logo of the United Nations

Photo Credit: clkr.com



RINDGE SCHOOL OF TECHNICAL ARTS

Gabriana Pacheco

In terms of general skills the ECSB summer program taught me how to work well with others in a professional setting.

The experience was very helpful, it taught me many useful skills that I will need in the work place, such as: attire, being on time, doing things in a timely fashion, and being professional overall.

I would recommend this training to juniors because it really does help with real life situations you will soon encounter like loans and making transactions in the bank.



From left to right: Gabriela Pacheco, Faralove Raphael, Vanessa Bellony, Tamika Vincent

Tamika Vincent

I learned the in's and out's of what it takes to be a good bank teller, how to count cash, how to make transaction for clients using our DNA computer system, and also how to properly handle a bank robbery. also how to properly handle a bank robbery. The training taught us about everything that people could do with their money.

For example, depositing, withdrawing, and the different accounts that East Cambridge Savings Bank has to offer. We were able to socialize and hear others out when clarification on a topic was needed. Also, we collaborated in groups to get things done.

Overall, this experience was mind blowing because being someone who used to look in and assume banking was easy and that anyone could do it, it was a real eye opener because having gone through it I learned that there's a lot that goes into it and it's not as easy as it seemed.

Faralove Raphael

Throughout the summer, I had the opportunity to participate in a week of training for prospective senior as a Clerk/ Teller organized by East Cambridge Saving Bank. This experience will be helpful in the future. I'm interested in accounting...I would definitely recommend the training to all the juniors because this program was an incredible and very helpful experience. It prepares you for the future and gives you an idea how the world of business functions. It might be also give the juniors who don't know what they want to be an idea of what they can do.

Vanessa Bellony

We met the bank's executive director and I worked with the employees of East Cambridge Savings bank. The training is definitively worth the time and the experience because a person who has done the internship is able to earn some money during the summer, develop customer service skills, get the opportunity to work at the bank right after high school and be eligible for the East Cambridge Savings Bank scholarship. Doing this course involved having some level of maturity to be professional since we had to follow the same rules as actual tellers, I felt like an employee.



Berleus Bobson

During the summer 2013 training at ECSB, we learned a lot of practical skills and were very productive.

This job particularly helped me improve my listening skills. The trainer taught me how to respect the customers' privacy and be respectful of their money, control the cash in my register and be very courteous with customers. I found the internship to be very rewarding and would highly recommend it.



Akeira Parker

You really learn how to be professional, in all aspects from appropriate work attire to how to act and talk. I think this opportunity is a great one especially for rising seniors. I really do wish I could take this class again, just because it teach real life skills.

I really hope that rising seniors that take this class will find it as exciting as I find it and that they will really learn and grow from it.... I urge you to take this class!!



Raksmeiy Chhimdara

During the internship, I worked with students who also attended CRLS. We all seemed to have finished the internship although it was full of tedious reading and memorization.

But besides the workload, I would still recommend the banking internship to other juniors because it's a really great opportunity to learn new things and most teens won't turn down a \$500 [week long] internship, a win-win opportunity.



Roldy Toussaint

Working in a bank environment you need to be able to have the skills of a student: math, reading, and writing so in that case education is a mandatory step that you need to take.

The training for me was a great positive experience. At work you couldn't have on headphones, hats, and you had to wear your pants properly parallel to the waist level or above. So basically this training taught me the proper ways of life in a professional perspective.

SPRING FESTIVAL
2014 (ANON)YMOUS



Students “Witness Uganda” at the A.R.T

By
Charlotte Rosenblum
RF Correspondent



CRLS students pose for a picture with the creators of Witness Uganda.

Witness Uganda, a brand new musical by Griffin Matthews and Matt Gould, tells the true story of a young man who volunteers to build a school in Uganda in an effort to find himself. The show played at the American Repertory Theatre at 64 Brattle Street.

Unlike most musicals which are completely fictional and take place in some sort of fantasy setting, Witness Uganda journals the true story of Griffin Matthews, who is both the creator and lead actor in this production, making the scenario all the more realistic for the audience.

After Matthews is kicked out of his church choir for being gay, he journeys to Uganda to join a volunteer program that helps build schools. Later on, thanks to the help of some children he meets in the marketplace, his eyes are opened to the corrupt organization that built the schools. He abandons that organization to teach the

children he has met in an abandoned library that they lead him to.

Many found the performances in the show powerful. Every character, from Matthews to each member of the ensemble, is characterized well. The audience witnesses the events as if they are on the scene.

In addition to Matthews’s convincing perfor-

guages spoken in Africa with a modern American pop sound to create powerful songs.

One voice that stands out in every song is that of ensemble member Melody Betts, a voice which emanates both strength and emotion.

The choreography is primarily fast-paced and exhilarating African-style dance, which engages the audience and showcases the ensemble, an essential and remarkable component of the show. Senior Tim

Traversy describes the musical as “An unbelievable performance,”

After the show, Matthews and Gould talked about their organization, the UgandaProject, which they created after the experience that the musical documents. Their organization provides about ten Ugandan children at a time with the funds they need to attend school. Profits from Witness Uganda itself go towards helping those children.

After Matthews is kicked out of his church choir for being gay, he journeys to Uganda to join a volunteer program.

mance, two other actors stood out: Adeola Role and Michael Luwoye, who play brother and sister living in the Ugandan compound.

Freshman Sofia Kaufman says “Witness Uganda was a beautiful play that inspired me and was touching as well as hilarious. The actors in it were fabulous,”

The music, written primarily by Matt Gould, mixes the rhythms of african drums and the lan-

Smash It Alive

Punk Concert Raises Awareness

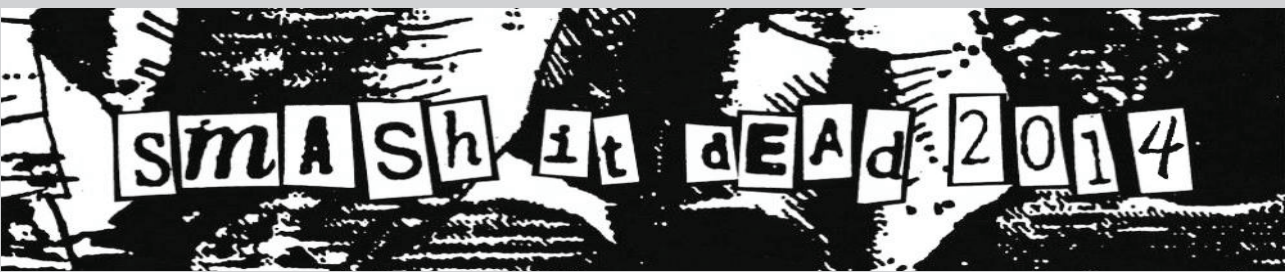
By
Klara Ingersoll
Register Forum Correspondent

Smash it Dead Fest, first organized in 2011, raises money for the Boston Area Rape Crisis Center (BARCC).

It is a punk music festival in Cambridge which aims to raise awareness and encourage discussion about sexual assault in and out of the punk music scene in Boston. It got its name from the song “Removal” by Spitboy.

“One of the goals that is really important is to create space and give visibility to women, trans* and queer folks and people of color. Another goal is to create discussion centered around safer spaces, supporting survivors of sexual assault, consent, and the like,” says Ali Donohue, who is one of the organizers of the fest for her third year.

She’s also a presenter for a workshop on Safer Spaces/Safer Shows this year with some other members of Support Boston. Her band, Tomboy, played last year.



Source: allstonpudding.com

Bands from around the country (and beyond) will be performing. Among them are Young Trynas (DC), Homewreckers (NY) Cherry Icees (SC), Ragana (WA), Chemical Peel (SC), Dreamboat (Montreal), and Leather Daddy (MA), which also happens to be the band of CRLS sophomore Cecelia Halle.

This is an instance of music being utilized as a way to bring people together and to support important causes in their communities.

People who attend collectively value having a safe space, and organizers aim to educate people about a permeating rape culture.

Smash it Dead also helps to diversify the music scene, as this year the bands are female and or female identifying. Often shows held in large scale commercial venues or bars aren’t in-

clusive to all ages (18+, or 21+ restrictions) and do not have organizers who are involved in the scene and in benefitting the community. Additionally, it is rare that all proceeds from a show are donated to an organizations such as BARCC, as Smash it Dead does.

Workshops and discussions are held throughout the weekend to start a dialogue, allowing people to educate each other about their experiences with sexual assault.

Additionally, the sharing of ways in which individuals and communities can progress in preventing sexual harassment is incredibly important to Smash it Dead.

Smash it Dead is being held at the YMCA and the Democracy Center on March 28-30.

2014 VISUAL & PERFORMING ARTS EVENTS

MASS. H.S DRAMA FESTIVAL
FINALS
MARCH 27TH-29TH

CRLS A CAPPELLA JAM
APRIL 12TH

ALL-CITY SPRING MUSIC CON-
CERT
APRIL 16TH

ONE-ACT PLAYS
MAY 2ND-3RD

CRLS DANCE/WORKS
MAY 9TH-10TH

CRLS PIANO RECITAL
MAY 13TH

CRLS ORCHESTRA, BAND AND
CHORAL CONCERT
MAY 20TH

CRLS JAZZ AND DRUMLINE
CONCERT
MAY 21ST

My Name is Anon(ymous)

The CRLS Drama Company Takes their Modern Retelling of The Odyssey On the Road

By
Isabelle Stephen
Register Forum Correspondent

This March, the CRLS Drama Company is competing in the Massachusetts Educational Theater Guild (METG) Drama Festival. They hope to continue a long history of success in the METG Drama Fest with their forty-minute play *Anon(ymous)* by Naomi Iizuka, a piece about refugees and immigrants in America that parallels Homer’s classic *Odyssey*.

METG Drama Fest is a statewide festival in which 115 schools design and perform short plays and compete for two winning spots. CRLS looks forward to the METG Drama Fest, fondly called ‘Festival’, all year. Freshman Sophie Burniekia says, “Festival has been the highlight of my year! I’m definitely going to be a part of it for the next three years!”

This year, CRLS hopes to win big with *Anon(ymous)*, a promising show featuring METG All-Star award-winning ensemble acting and a range of advanced technical de-



Anon(ymous) performance at CRLS (Left to Right: freshman Maisha, sophomore Iris, senior Federico, junior Rebecca, junior Francinel, & junior Roxanna)
Photo Credit: Larry Aaronson

sign. According to senior Bobby Cius, who plays the title character of Anon, a strong team is what’s made *Anon(ymous)* work. “We definitely have a very strong sense of ensemble. The play could have easily been unsuccessful if it weren’t for the amazing people and amount of effort and unity that the cast and crew applied to every rehearsal.”

The play centers around a young refugee, Anon, who embarks on a hero’s journey across America and meets a variety of characters along the way, from a street-smart but marginalized immigrant named Pascal, to Mr.

Mackus, a vile man who runs a sweatshop in the city. Because of the honest and unforgiving way that it portrays the immigrant experience, *Anon(ymous)* tells an important story. “[*Anon(ymous)*] relates to modern day issues. Individual people from foreign countries can relate to the journey because they have

Although the competition is fierce, Festival is an overwhelmingly friendly environment.

had to live- or are still living- a similar kind of situation or lifestyle,” says Cius.

Notable past CRLS Festival participants include actors Ben Affleck and Matt Damon. According to the

METG Website, CRLS has won the competition fifteen times since 1928, holding the record for the second most wins. “We’re respected and appreciated at Festival,” senior and four-year Festival participant Sydney Atkin says. “We represent Cambridge in the best light.”

There are three rounds of Festival: Preliminaries, Semi-Finals, and Finals. In each round, students must work to impress a panel of theater professionals acting as judges, who are looking for excellence in acting and technical design. The Finals take place at the John Hancock Center in downtown Boston.

Although the competition is fierce, Festival is an overwhelmingly friendly environment. In green rooms throughout the day, performers and techies alike can be seen flitting in and out of each others rooms, pausing to tell a new friend to ‘break a leg’ or to join an impromptu Beyoncé dance party.

“The best part of Festival,” says *Anon(ymous)* Director and CRLS theater teacher Mr. Cramp, “Is that the kids get to meet other kids from all over, who love drama just as much as they do. They get to connect in a way that they don’t often get to connect.”

Finding a Home Within

CRLS Renovations and the Impact that it had on the Arts

By
Hugh Dougherty
Register Forum Editor

Everyone knows the Cambridge Rindge & Latin School went under a major renovation project between June 2009 and September 2011. Upgrading the 400,000-square-foot school earned CRLS a few awards and certification deeming the complex a sustainable building that utilizes natural resources by limiting the power consumption by more than 1.3 million KWh and nearly 44,000 therms of natural gas. While the renovations cost approximately \$112 million, according to the CRLS Facilities Department, they also lower the operating costs by more than \$335,000 annually.

Before the renovations were made to

CRLS, the Arts facilities were in need of a face lift. According to the U.S. Green Building Council, CRLS was threatened with failing roofing and aging mechanical systems that needed to be replaced. In order to inspire students, CRLS needed an upgrade to today’s standards of décor to provide a certain level of inspiration.

A renovation would help inspire, as Ms. Haverty said, “Develop the student’s confidence to create, and they will have the desire to develop the skills to execute that creation!”

Renovations have made a large impact on all of CRLS, including the Arts Department. Many students at CRLS found the Arts Department to be a rich program that needed a renovation. “It is not a surprise that our school has been recognized for an outstanding arts program, because we have all these great opportunities for students,” said senior Chloe Adler. The renova-



Bridge over to the Arts Building
Photo Credit: crls.cpsd.us

tions positively impacted the Arts and have successfully continued the rich program that has so affected the Cambridge community.

The CRLS Arts Department continues to do well in the Arts and truly embodies a quote from John Adams, “I must study politics and war that my sons may have the liberty to study mathematics and philosophy — in order to give their children the right to study painting, poetry and music.”

Just take a look at the High School Arts Festival to see how Cambridge excels.

The Stories We Aren't Telling (And Should Be)

By
Sole Nazaire
Register Forum Correspondant

How many of you know the details of Ethiopian History? El Salvadorean history? Tibetan history? According to Massachusetts high school data profiles, CRLS's non-white population makes up 63.1 % of CRLS' population. But at CRLS we have only 2 history courses that teach about other countries around the world, while we have 7 history courses that teach about " American" and European history. 63.1% of CRLS is not represented in the 7 history courses that students are required to take. This is an issue that needs to be addressed, and fixed as soon as possible.

21st Century America has so many inhabitants from countries all over the world that it is impossible for us to only teach about our forefathers and select events in "African American history." Immigrants from European nations created the United States, to a certain extent, though native people inhabited North American soil prior to the arrival of the colonists. And if America was not inclusive of other immigrants and kept America purely of white European heritage, then it would make perfect sense for students in 2014 to continue only learning about the Jamestown colony and the US Constitution. But

now, we are in 2014.

Students want to know the history of their immigrant parents who came from Nepal or their grandparents who came from Bangladesh. Students are becoming hungrier for world knowledge. The three-day lesson about the Haitian Revolution that they may learn in World History is not going to cut it this time.

I have been that one Haitian- American girl who sat in US History learning about people who could not relate to my struggle what so ever, and it hurt. I was not able to relate to my fellow classmates when they told me how their great-grandparents built them a home to live in. I was interested in learning about their culture and history, but I wanted them to learn about mine as well. The one solution to this is more History classes about different cultures around the world.

The addition of more cultural history classes will enlighten our students and prepare them for the real world when they leave high school. The world is advancing and our students need to be prepared for the culture shock they will experience outside of Cambridge.

We may have a taste of diversity in Cambridge, but it is even more extreme outside of this sheltered city. We need to know about our peer's past and not just what the system tells us to know.

The three-day lesson about the Haitian Revolution ... is not going to cut it this time.

Nicki The Feminist?

By
Ori Yaacobi
Register Forum Correspondant

When one thinks of Nicki Minaj, the words 'feminist' or 'empowering' rarely cross the mind. Nicki is known for her minimalist fashion choices and judged accordingly, but this is a symptom of our widespread culture of objectification.

Almost all female artists of today's age have the uniform -- generously exposed skin, microscopic underwear. But even though Nicki doesn't wear much and is shown and displayed as a helpless sex object, she directly preaches power over submission in her music.

Her song "Moment for Life" starts off with, "Once upon a time there was a king named Nicki." By that, Nicki means that she is the king, not the queen, which has ultimate and absolute power. So while she doesn't see herself as a man,

ironically referring to herself as one declares that she has the power traditionally allotted to men. Similarly, "Roman's Revenge" starts with "I am not Jasmine, I am Aladdin" Nicki associates herself the main character, the go-getter of the story, not some petty princess.

Exposing the sexism in her industry, Nicki says "When I am assertive, I'm a b****. When a man is assertive, he's a boss...He bossed up! No negative connotation behind 'bossed up', but lots of negative connotation behind being a b****." She is very aware of, and ready to expose, the double standards of the music industry and society at large.

But despite all of this, we still just view her as sex object. It's a vicious cycle because now if Nicki stopped portraying herself as an object, she would lose almost all of her fans and claim to fame. So it's up to the fans to view her as something more than an attractively manufactured body, but as an empowered and empowering woman.



Nicki Minaj makes the space her own.

Photo credit: fantronomy.com

You Need Environmental Education

By
Jake Heller
Register Forum Correspondant

Throughout the last seven semesters of my high school experience at CRLS I've taken an excellent variety of courses. I have found every class to be fairly engaging and relevant, but none as much as the AP Environmental Science course I took last semester.

APES has given me immeasurable perspective, as it has revealed to me both how drastically humanity impacts the environment, and how serious our biosphere's current predicament is. I have been inspired to pursue a furthered education in this

discipline, but more importantly, on a more immediate front, make a difference in the CRLS community.

Currently, there are only two courses at CRLS with a curriculum that focuses on the environment: AP Environmental Science, and Ecology. The enrollment statistics for these two courses are quite dismal. In fact, in the past five years, only 109 students have taken APES, and just 20 have taken Ecology.

What's worse than this lack of participation is the community's lack of knowledge that these courses are even offered. Based on a survey I'm currently

conducting, just 22 of 50 students knew that AP Environmental Science was an offered course at CRLS, and just 12 of 50 knew Ecology was offered.

Here is what I cannot understand: We live in a society where possessing

No algorithm, historical event, or opinionated piece of literature will matter if we let our planet deteriorate...

comprehension of the way the environment works, and how humanity affects it is some of the most, if not the most important knowledge an individual could acquire. Acknowledging this truth, why are so few students taking these courses? Why is the CRLS community

not promoting enrollment in these courses? Why are Physics, Chemistry, and Biology required courses, but Environmental Science generally unheard of?

I am privileged to be graduating CRLS as an informed and environmentally aware individual. I understand the subtle, yet vital decisions I need to make moving forward so I can play my part in enhancing the environment, and thus helping humanity to thrive. I am writing this article to reach out the student population at Rindge, and to help students graduate with this same understanding.

Ultimately, I encourage you to enroll in

these courses, as they will help you to help yourself and others. Understand that your daily rituals and decisions, habits that are set throughout high school, will make or break our global society in the future.

This is an issue that simply cannot be ignored. No algorithm, historical event, or opinionated piece of literature will matter if we let our planet deteriorate before our eyes like we have been for the past few decades. We all have a social responsibility to take care of the world that provides us with everything. I have begun to fulfill this responsibility, and I will continue to do so. There's no shame in doing the same.

Constructing the Ideal Break

What is the Perfect Balance for School Vacation?

By
Evan Kuh
Register Forum Editor

Every February, students and teachers in public schools and many private elementary and middle schools rejoice. It is time for break. During the third week in February, people go on vacation to spend time with family or lie around the house watching movies and eating.

After the week is up, everyone trudges back to school, disappointed to see the end of break. However, they immediately start talking about April, because we all know that another break is on the horizon. While everyone is enjoying their time off, there is one group of students who remain in school, those in private high school.

Most private high

schools take a different approach to breaks. Instead of a week off in February and a week off in April, they have two weeks off in March. So which one of these models is better?

Do private high schools do this because they want to mimic how colleges do it, or do they just want to

Here at CRLS I cannot even bear the thought of returning to school after one week of break.

be original? Are there more schools trips and individuals traveling? Living in a house full of educators, who each have different school calendars, I can say that my family's breaks have never lined up. I know that most people don't get these weeks off at all, but it seems like there should be some uniformity between schools.

I went to a private

high school and was able to experience the two-week break first hand. While I enjoyed the time off, by the end I found I was bored. My friends had gone away, leaving me to mope about the house. However, here at CRLS I cannot even bear the thought of returning to school after one week of vacation. It is as if my mind has completely shut down and I need to learn how to do school work again.

It seems as if there needs to be a balance! While two weeks allows for travel, if you do not go away, it is far too long. And one week doesn't allow for much of anything, but yet again it could be the perfect amount of time off so nobody goes insane. Perhaps a compromise - four-day weeks in February and one week off in April, or maybe we should just take March off all together.

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Left Foot, Right Foot

The Psychology of Matching Shoes

By
Chloe Marsanne
Register Forum Editor

For years, people have matched their right shoe with their left. Why? The question has yet to be answered. People shouldn't feel obligated to match their shoes just because society has set up a rule for them. Feel like wearing a red sneaker on your right foot and a yellow sneaker on your left? Go for it. Senior James Stuart claims, "You don't need to match your left shoe with your right shoe because you open more possibilities for different styles, it's just magical."

The foot contains more bones than any other part of the body. Though the foot has evolved over hundreds of thousands of years in relation to greatly varied terrain and climate conditions, it is still vulnerable to environmental hazards against which shoes can protect. The history of human development shows that the importance of protecting the foot was early recognized.

The design of shoes has varied enormously through time and from culture to culture, with appearance originally being tied to function. The earliest known shoes are sandals dating from approximately 7,000 or 8,000 BCE,

found in the Fort Rock Cave in Oregon. Our shoe fashions of today are, for the most part, modernized adaptations of past styles. Nowadays, contemporary footwear varies widely in style, complexity and cost with one exception—in a pair, each shoe is identical to the other.

A professor of Fashion Design-Apparel at the Fashion Institute of Technology named Leonard Bess proudly claims, "I wear my Nike sneakers to work every day. You'll notice that on my left foot, I wear my red and black striped Nike sneaker, and on my right foot, I wear my blue and lime green Nike sneaker. Some people say it's weird, but I call it creativity in style."

If one were to indeed be bold and not match his or her shoes, he or she may get an odd look. It's strange, nowadays, people mix and match everything—socks, shirts, jackets, gloves, earmuffs—why not shoes? Junior Olivia Maaghul states, "I think it's a good idea. I would be okay with not matching my shoes as long as they had the same heel length and comfort level."

The thought of purposely mismatching one's right shoe with one's left may sound extremely peculiar; but it is a fashion trend treasure yet to be uncovered. As Senior Federico Roitman states, "Why not?"

Revamping the SATs

By
Sasha Forbath
Register Fourm Editor

After learning that in 2016 the SATs would implement drastic changes to one of the most dreaded standardized tests in the U.S. I had a flood of different emotions. First I felt anger, angry that even the College Board finally acknowledges the flaws in their test. I was angry because even though I am happy future generations will take an improved test this does not make up for past generations which have spent hours upon hours studying for a test which is more likely to reflect your socioeconomic status than academic qualifications. No matter how im-

...I still do not think that any standardized test can fully assess any student's readiness.

proved this test might be even if they make the essay component optional and stop penalizing wrong answers I still do not think that any standardized test can fully assess any students college readiness. A single test cannot reflect one's work ethic, creativity, or maturity.

I couldn't help but feel a little bit of resentment that the SATs had made these changes out of their own self interest in an effort to compete with the ACTs and not to make the test less bias towards students of upper classes who had the luxury of hiring private tutors. Though I

applaud the SATs for introducing fee waivers for test prep services so all students are at an even playing field, shouldn't one not have to study for a test that is supposed to measure one's academic capabilities rather than test taking abilities?

These changes the SATs announced yesterday reaffirmed the ideology behind the test optional policy many universities have recently adopted. Hopefully the College Board's public acknowledgement of the flaws in this test will encourage more institutions to stop heavily weighing test scores in the admissions process.

Though almost anybody will admit the apparent flaws of the SATs, many still support the test since it is a method that ensures academic standards

between different high schools. This might be the case but how is a multiple choice going to make a student stand out when the most personalized aspect of the test being made optional? The College Board seems to be taking a step in the right direction (despite their ulterior motives) and will no longer be testing students on dated vocab words or penalizing students for wrong answers but simultaneously taking a step backwards by making the least standardized aspect of the test optional.

Ready, Set, Madness!

Why NCAA Tournament is for Every Fan

By
Rafael Goldstein
Register Forum
Correspondent

March; the month that holds the weight to Easter (candy) and the beginning of spring, but above all else: March Madness. This year on March 18th, marks the first day of the NCAA men’s division 1 basketball championship tournament. Every year, 68 teams participate in a single-elimination tournament, but only one is crowned champion.

Last year, the Louisville Cardinals took the crown, however, the best part about college basketball is that every year a team can go from not making the tournament one year to winning it all the next.

With players staying on a team for a maxi-

mum of 4 years, and others only staying for one, a team’s success relies heavily on new recruits.

A big reason that March Madness is so popular is because of how many people, take part in this event. A common way people participate is someone organizes a league, in which participants create a bracket, choosing which team will beat which, eventually leading up to a winner.

The participants often put money into a pool, and the one with the most correct guesses wins the pool of money. Whether you seek money or bragging rights, the tournament is fun for all.

Even students that don’t normally follow sports seem to have interest in the tournament. Junior Honora Gibbons, stated, “March madness gives me a chance



This years NCAA March Madness bracket.

to explore something very unknown to me with a new group of people!”

Students at CRLS participate heavily in these events. Freshman and March Madness fanatic Bill Preytis add-

ed, “When it’s not march, I wake up in the morning trying to get to March, and when it is March, I wake up in the morning because

I know I have a full day ahead of pure college basketball bliss!”

Students rave about how fun the tournament is,

“When it’s not march, I wake up in the morning trying to get to March”

it connects friends, foes, and even teachers. Students tend to focus more on the ability to have a better bracket than their friends than winning

the money. Freshman Hugo Schutzberg agreed, “It really revs my engines when I know that my decisions play out better than my friends.”

With the tournament in full swing many brackets are already busted. But, remember even if you have fallen into last place, there is always next year!

Girls Tennis Looks to Serve Opponents



Junior Ruby Booz competes in a doubles match with former senior Nellie Ostow last spring.

By
Bence Szechenyi
Register Forum Correspondent

As the time for spring sports rolls around once again for CRLS, the girls tennis team prepares for what they hope to be their best year yet. Falling short of winning the GBLs last year, they hope to get good results and take the crown this year.

“We all know what we need to work on,” said Junior Mirella Greenberg, “If we all put in court time then we will do very well.” But tennis in high school is not the solo game that is so often seen in singles tournament. At the high school level there is a team aspect of the game as well. In order to succeed a team needs to not

only have talented players ,but also a supportive and cohesive team.

“We need to really unite as a team in order to do well,” stated Junior Ruby Booz, “we have a lot of talented new people coming in, which is great, but we need to gel together with the new people in order to truly succeed.”

Greenberg enthusiastically continued, “we really have what it takes this year, tons of talent and motivation. With the proper amount of court time and support I know we will do well.”

Girls tennis is not a big spectator sport at CRLS which is really a shame. The squad shows talent and commitment. Tennis is a very intense game that is delightful to watch. Especially this year, with so much potential on the team, it is really important to show support!

CRLS TRACK

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With many runners moving onto college next year it is important for the program to be able to grow.

Coach Scott Cody also commented on the teams’ performance, saying, “We had as a good a day as we have ever had as on overall program, which is amazing considering our storied history. I think it is important that the most diverse CRLS representative team be acknowledged for their success.”

With so many important runners for the boys being seniors and moving on next year, the team will look to grow. Velez believes, “There is a lot of talent in this school. The coaches just have to find it, or in my case steal it from the basketball team.”

Win the success at Division 1, States the CRLS teams moved to All-States on February 22nd where the 4x800 relay team of Esu Alemsaged, Sam Ingersoll, Danny Alsche, and Michael Scarlett placed first with a time of 8 minutes flat. Scarlett, who inspired his team to victory commented, “The pre-race prayer session went extremely well, and god put wings on our feet that propelled us to victory.”

Due to the success of the CRLS track team during the regular season as well as at States, the team qualified for Nationals, which were held in New York City at the historic Armory from March 14th through 16th. The girls sprint medley team entered the completion ranked 6th in the nation, an impressive feat. The girls also qualified for the 4x400 relay and the boys qualified for the 4x200.

While CRLS did not come in first in any of the races, they showed extreme courage and commitment throughout the season. Show some love to the runners and come support the team during the outdoor season. The first home meet is on March 23rd.

Spring Fever: New Season Preview for Falcon Athletics

By
Anna Lenihan
Register Forum Staff

On March 17, the Cambridge Rindge and Latin athletic program transitioned outside for the beginning of the spring sports season. Hundreds of athletes participate in a season that involves nine different sports and spans from March to late May.

“I’m really looking forward to trying out a new sport in the spring,” says freshman Katie Chun. “It’s hard to choose because there are a lot of great options, and it’s a nice chance to meet new people.”

These options include baseball, crew, outdoor track, sailing, lacrosse, softball, tennis, volleyball, and rugby. Try-outs took place during the first couple days of the season and allowed newcomers a chance to see which sport is right for them.

These past several years have been marked with transition. The athletics program has seen two athletic directors in two years, and multiple teams have experienced total shifts in coaching staff. Despite all of the change, the CRLS athletic program has found success in numerous places, including a Massachusetts State Championship for the 2012 boys volleyball varsity team.

This season, boys vol-

leyball has a group of young, talented players who are looking to reclaim their state title. “I’m looking forward to playing with the group of kids we have this year,” says sophomore captain Colin McNeely. “With hard work and determination, I feel like we can go far as a team.”

While building on the success that they have already had, the spring teams are looking for a season of growth and improvement. The girls lacrosse team has been holding captains’ practices since the fall, and they feel stronger than ever.

“It’s hard to choose [between sports] because there are a lot of great options, and it’s a nice chance to meet new people.”

“We have three full teams and three dedicated coaches that are ready to make lax into the respectable sport that it is,” says junior lacrosse player Emily Hays.

The track team and the crew team have been working year-round, and are now hoping to continue the success of the fall and winter seasons.

“The longer the athletes continue to work out, the more prepared they will be in the spring. The fall season allowed them to gain more experience,” explains boys crew coach and math teacher Marcus Caimi.

This experience will hopefully create opportunities for them at the state competitions in June.

The tennis, softball, and baseball teams have broken out the rackets and bats, and could be seen practicing on the courts and in the fieldhouse for weeks leading up to the start of the season.

The baseball team is a contender for the state tournament, rallying behind pitchers such as senior Ted Downing and junior Eric Smith. “I like the baseball team because it’s not just a team; it’s a family,” says junior Phillip Gaines, continuing optimistically “I am feeling really confident about the team this year, we are coming together with some experienced veterans and have some great upcoming talent in the program.”

This is the final season of the Greater Boston League, and possibly the last time that CRLS will have the opportunity to play rivals such as Malden and Medford.

With the spring comes warmer weather and longer days, which provides a new opportunity for spectators to show their school spirit at games. Even people who do not participate in a sport know somebody who does, and students can get excited about showing up to support their friends. Schedules and game dates can be found at http://crls.cpsd.us/athletics/crls_athletics and on individual team websites.





Junior Maya Halprin-Adams blows past the competition on her way to another victory.

CRLS Dominates State Meets

Photo Credit: Newton Sports Photography

By
Evan Kuh
Register Forum Editor

On February 17th at the Reggie Lewis Center in Boston, the girl’s track team won the Massachusetts Interscholastic Athletic Association (MIAA) division I state title for the second straight year and the boys were run-

ners up. While many people contributed to the success at states, there were a few standouts and record-breaking performances.

Junior Sydney Fisher finished first in the 55-meter dash with a time of 7.22 seconds, breaking the school record. Fisher also broke the school record for the girl’s 300-meter sprint. Senior Jordan Poindexter placed 3rd in the high jump, and junior Maya Hal-

prin-Adams was the champion in the 1000m run and has propelled herself to a #4 national ranking.

As for the relays, the 4x200 team of Fisher, Kenlee Pr sum , Poindexter, and Halprin-Adams finished in first place, becoming the number one relay team in the states with a time of 1:44.06. At All-States the girls made history, winning the 4x200 title for two consecutive years, a herculean

task.

Being a smaller team with only six athletes, compared to the 15 athlete squads at other schools, the girls were sometimes overwhelmed. However as senior, Kenlee Pr sum  stated, “We walked in with the mindset of winning and were able to perform. Each one of us has come a long way from the beginning of the season. Every week our performances get better and

stronger. I’m truly proud of these girls.”

Senior, Deshaun Velez won the 300-meter sprint, recording a time of 35.90 seconds, breaking the school record. Velez was also impressive in the 4x200 meter relay team, which was undefeated until its second place finish at All-States.

Another standout was Mia Smith, a sophomore here at CRLS. Entering the two-mile, Smith was ranked as the number fourteen runner, however, she finished fourth with a time of 11 minutes 29.30 seconds, helping her team to victory.

Smith told the Boston Globe, “It just shows how much I’ve improved and that I’m a part of this team as much as everyone else is. I was very surprised when I finished. It felt very invigorating, it felt good.” Coach Jamalh Prince added, Finally we’ve added what we believe makes us more dynamic, a distance runner.” With many runners moving onto college next year it is important for the

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Diving in for the Win *CRLS Diving Takes Over States*

By
Sami Kebede
Register Forum Editor

CRLS Diving left their mark at the Division 1 States Competition, on the backs of juniors Gabe Bamforth and Cristina Vaca. Held over the weekend of February 14th-16th, Gabe Bamforth and Cristina Vaca were the sole divers representing CRLS at the event, and finished in 1st and 7th place, respectively.

“I wanted to win, and I was a tiny bit nervous but mostly just excited,” Bamforth said. “I wasn’t cocky but I was confident in my ability to win.” Leading up to the competition, Bamforth broke many of his personal records, including the CRLS school record with a score of 350.6 for six dives as well as the WPI pool record at Section-also tucked under his belt.

Bamforth performed to win, executing many of the tougher dives in his vast arsenal. His performance was capped off by a 2.5 reverse somersault tuck, a dive of such a high level of difficulty, it is

a trick mastered by few at the collegiate level. Bamforth was awarded the Pomerlau High Point Award, finishing in first place by such a great margin that he didn’t need to attempt his final dive.

Cristina Vaca also came into the competition with a head of steam. With a first place finish at the Cambridge Diving Invitational, a strong performance at sectionals, and a new school record of 236.95 for six dives, the bar was set high for her. When asked about her mindset leading up to the competition, Vaca responded, “I was determined and hopeful. I felt much more prepared this year compared to last year.”

This preparation paid off, as she finished in 7th place. Her achievements are particularly impressive, as she was the highest placing diver who wasn’t also a part of a club team. Vaca has established herself as one of the premier divers in the state, and is already looking forward to

“I wasn’t cocky but I was confident in my ability to win.”



Juniors Gabe Bamforth and Cristina Vaca pose with head coach Kate Sorenson.

Photo Credit: Amy Bamforth

building off this success next season.

Head coach Kate Sorenson, a former all-American diver and CRLS geometry teacher, expressed nothing but immense pride

in the performance of her divers. “It is extremely impressive to say that Gabe is now the best diver in the state after 3 short years of diving,” Ms. Sorenson said. She continued, “Cristina’s accomplishments are just as impressive: she broke the school record several times this year and

medaled at states against an elite group of athletes.”

She went on to describe the collegiate attention these two are attracting, which is especially remarkable given that they didn’t have any experience diving coming into high school. With the magnitude of talent present among the underclassmen, CRLS diving is looking to continue this streak of success, which can only be made possible behind the support of the student body and athletic program.

“Their support is a huge reason why the diving team has grown and accomplished so much in the past five years,” Sorenson added.