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CAMBRIDGE RINDGE AND LATIN SCHOOL

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On November 2nd, 3rd, 10th, 11th, and 12th, CRLS Visual and Performing Arts Department performed Honk!

Photo Credit: Lucy Messineo-Witt

Honk! Warms Hearts at CRLS Annual Musical Celebrates Inclusivity and Love

By
Emma Weller
Contributing Writer

Directed by former CRLS drama teacher Michael Lopez, this year's fall musical *Honk!* follows the classic story of *The Ugly Duckling*, originally written by Hans Christian Andersen. The main character, Ugly, gets separated from his family, and the story follows his journey to reunite with his family. During his separation, Ugly has all sorts of wonderful adventures along the way, from a military mission with British geese to a self-confidence lesson from a bullfrog. The climactic scene of the musical features Ugly and Ida getting lost in a snowstorm, featuring snow from a snow machine that falls on the audience

from the catwalk. Student technical director Sabir Cunningham '19 describes this as his favorite moment from the show. Eventually, Ugly and his mother are reunited. Ugly discovers that he is actually a swan, wrapping the musical all up into a beautiful happy ending.

Phia Teller '21, who plays Ida, names the reunion of Ida and Ugly as her favorite moment of the play because of its sweet and touching nature. Teller and freshman Jinho Lee, who plays Ugly, both describe the wonderful community the cast and crew have. They agree that, though the cast is smaller this year, it has helped them bond and become closer over the course of the rehearsal process. Teller emphasized the af-

"[Honk!] is not the typical high school play."

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Recapping the Results of the Midterm Elections

By
Nathan Kolodney
Metro Editor

As the midterm elections came to an end, the Democrats swept the House on the national level while the Republicans remained in control of the Senate. The house now has 230 Democratic seats and 199 Republican seats while the Senate has 47 and 51, respectively. Many young progressives won throughout the country, including a record number of women and minority candidates. In Georgia, a close gubernatorial race between Stacey Abrams (Dem.) and Brian Kemp (Rep.) has led to a court case over ballot counts. Additionally, a recount in Florida is being called as Republican candidate Ron Desantis only won the election over Demo-

crat Andrew Gillum by a difference of fewer than 35,000 votes.

In Massachusetts, on the other hand, things have remained the same for the most part. Republican Charlie Baker maintained his gubernatorial status in a convincing win over Democratic candidate Jay Gonzalez. On the congressional level, incumbent Elizabeth Warren won her senatorial race with 60% of the total votes. Besides Charlie Baker, all other elected offices of Massachusetts remained Democratic, including the State House and Senate, which are also both majority Democratic.

Senior Finn Rose was not surprised by these results, stating, "[The results] were exactly what I expected because I thought most in-

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REGISTER FORUM

Established in 1891 as the C.M.T.S. Register

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Falcon Pride Day Uplifts CRLS

By
Jaqui Hill
Contributing Writer

Falcon Pride Day is an annual celebration at CRLS hosted the day before Thanksgiving break. The celebration takes place from 8:05-12:00 instead of 8:05-2:30 such as a regular school day. This stress-free atmosphere caused by the lack of classes is great, because it allows for the purpose of Falcon Pride Day to truly materialize. These purposes include strengthening the school bonds alongside exhibiting the internal pride we have as a community at CRLS. In order to bring this into fruition, the student body divulged into a variety of activities which involved showing off their unique qualities and interests.

This year's Falcon Pride Day follows the precedent of separating grades and learning communities in order to target certain

said, "I was happy to see my LC win. Being a part of a group and being able to see my group work together, in spite of not always being able to communicate as a whole—was really cool. It is ironic because this newfound pride I have for my learning community, wouldn't have been so strong if it weren't for Falcon Pride Day."

As for the gym, organizers held typical field day activities for willing participants. These activities included a hilarious dance off that took place at mid-court, a 3-point contest for a chance to show off some skill, fascinating potato sack races, and a giant tug of war game between two different sides of the gym.

Last but not least, the activities in the auditorium were hosted by seniors Peter Fulweiler and Casey Torres. This station was filled with various performances from the multiple clubs in CRLS.

two years in a row is truly amazing," he said. "Being a host as well as performer is great because it's an outlet for me as an artist, and is also an outlet which can help people pay tribute to others such as the tribute I helped lead for the great XXXTentacion."

Ultimately, the Falcon Pride Day activities are not only a great break from school work, but they are a great way to make our school community a better place. The interests and activities enjoyed on Falcon Pride Day create an environment where students can both have a half-day of fun, and express themselves while being accepted by others. If it weren't for performances such as those in the auditorium or activities such as those in the main cafeteria, fieldhouse, and gym-- not only would segwaying into vacation be a lot harder but CRLS as a whole would not be as



Falcon Pride Day, which took place on November 21st, bolstered school spirit before Thanksgiving break. Photo Credit: Aidan Aupperlee (left) and Sakib Asraf (right)

groups which have different affiliations to each other.

First, grades are separated and divided into four rotating stations: the Main Cafeteria, fieldhouse, gym and auditorium. Within these stations, different types of activities take place.

In the Main Cafeteria, students took part in karaoke, donut eating contests, and video games—while Student Government sold items like popcorn and gear from a wheel of fortune.

Then, the fieldhouse involved a huge dodgeball tournament amongst the learning communities in each grade. For seniors, Learning Community (LC) C competed against LC R, and LC L went up against LC S. The winners of those two competitions would then play against each other, and LC S ultimately won.

Senior Thalia Willis

Some of the acapella groups that performed were Pitches and Dos who sang "Get Lucky" by Daft Punk, Girls Next Door who performed "She Used to be Mine" by Sara Bareilles, Sassafras who sang "Bills Bills Bills" by Destiny's Child, and Tonal Eclipse who performed "Youngblood" by 5 Seconds of Summer. In addition to these performances, there were also performances by the Step Team, Haitian club, K-Pop club, and an urban dance group (members of the group include Torres, Jalen Kai, and Cesar Nevas)

Torres, a host and performer in the auditorium events, felt honored for the roles he was able to play at Falcon Pride Day. "Being able to perform in itself is a blessing and I'm grateful for that, so for the school to ask me to perform and host

close-knit of a community. This is why Falcon Pride Day has been successful in the past and will continue to be successful in the future.

To summarize the effect that Falcon Pride Day had this year, School Committee Representative Antonio Escallon '19 stated, "Everything went pretty smoothly, specially with kids showing off their amazing talents in the show. My favorite part of the event was at the end, when all of the upperclassmen gathered around the gym and did a similar ritual to the one that the football team does before games." He continued, "All in all, I think Falcon pride day does a great job of celebrating school integrity and bringing the school closer together, through the events which are held within the celebration."

Mina Hasan also contributed to this article.

President Trump Wants to End Birthright Citizenship

By
Zoe Fritz-Sherman
Helen Gillet
Contributing Writer

The Fourteenth Amendment reads, “All persons born or naturalized in the United States and subject to the jurisdiction thereof, are citizens of the United States and of the State wherein they reside. No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws.”

Until recently, the interpretation of this amendment was virtually undisputed. However, in the week leading up to the midterm elections, President Trump announced a plan to end birthright citizenship through an executive order. This news sparked debate as to whether the “subject to the jurisdiction thereof” piece of the

amendment applied to those who came to America illegally and then had children.

Shira Ben-Anat '21 was born in the U.S. while both her parents were born in Israel, making her a natural-born citizen. If Trump's plan is implemented, children born in the U.S. to non-citizen parents would not be born citizens.

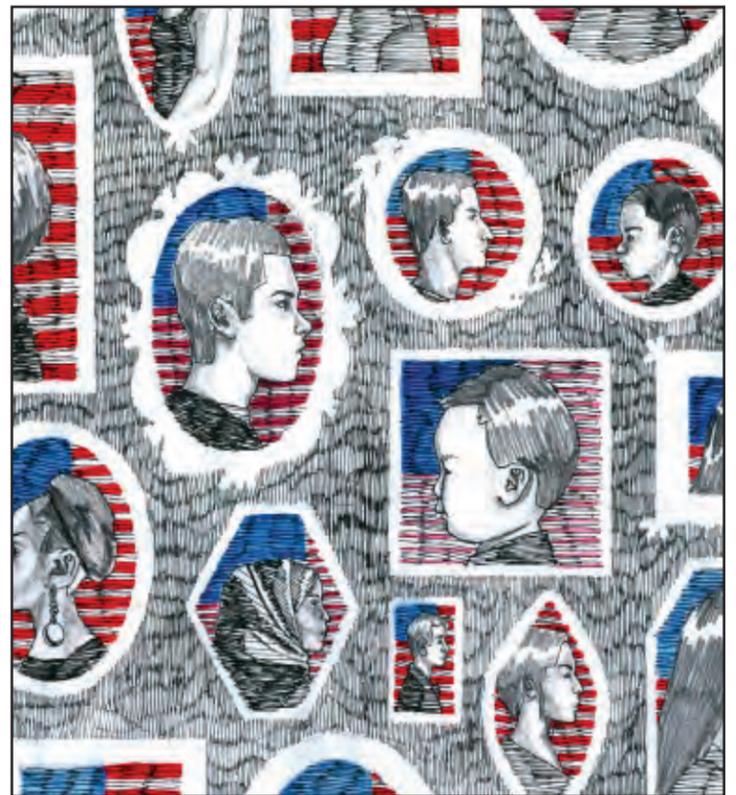
Ben-Anat's initial reaction to the news of Trump's supposed plans was doubt. “It's called ‘The Great American Melting Pot’ for a reason,” she said. “If Trump revoked birthright citizenship then people wouldn't be able to vote for their rights.”

Students who would be directly affected by

While many politicians, law experts, and constitutional interpreters agree that it would be unconstitutional to carry out such an executive order, there are still those who argue that the Supreme Court has never directly ruled that the Fourteenth Amendment explicitly gives birthright citizenship to anyone born on U.S. soil. Therefore, they make the argument that Trump's plan could be executed legally.

Despite both arguments, it remains unlikely that Trump will succeed in revoking birthright citizenship. For one, it is unclear whether his statements were nothing more than a ploy intended to stir up controversy before the midterms. In addition, it is extremely difficult to amend the constitution.

Many students simply feel disappointed by the ongoing attacks on immigrants. Samia Kalpona '21, who immigrated to the U.S. at the age of one and is now a citizen, was shocked that “the President, someone who is supposed to make us feel welcomed, would do something



Trump's announcement on birthright citizenship caused fear in many.

Illustration Credit: Lara Garay

like that.”

Valiante agrees with Kalpona's feeling of disrespect and anger, saying that “My mom's an immigrant, so seeing him treat people like her in this way, seeing him trying to discredit [immigrants] like this, is upsetting.”

It can become easy to brush off the President's constant threats towards immigrants for those who come from a long line of American citizens. How-

ever, for those who have greatly benefited from birthright citizenship, the consistent prejudice against immigrants spread by the government causes a growing feeling of neglect and discrimination.

“I can't feel represented by my president if he doesn't want me to be a citizen,” Shira reflected. “I belong in this country just as much as anyone else, and he doesn't want to represent me.”

Lighten the Load: Making Backpack Weight Healthy

By
Emma Weller
Contributing Writer

CRLS students carry a heavy load every day to school, with their backpacks often holding binders, textbooks, agendas, and Chromebooks. Studies have found that heavy backpacks cause back pain and poor posture in the short term and can transform the spine in the long term. The weight and pressure on the back and shoulders are detrimental to the health of the spine and can pose future health threats.

In a survey of 45 CRLS students, students were asked to estimate the weight of their backpacks. The answers ranged from two pounds to 50 pounds with an average estimate of 16 pounds. Out of the students surveyed, 35% found that the weight of their backpacks was sometimes a problem and 27% felt that their backpacks were too heavy. Additionally, 32.5% said that their backs and shoulders hurt sometimes after wearing their backpacks for the whole school day. 30.2% said their backs and should-

ers hurt every day and 16.2% said their backs and shoulders often. Junior Stephanie Grassi, while taking the survey, jokingly remarked, “I'm surprised I don't have scoliosis.”

KidsHealth.org recommends that children carry no more than 10% to 20% of their body weight in their backpacks. The American Physical Therapy Association also recommends that no one, of any weight, should carry a backpack that weighs more than 25 pounds.

The CRLS survey showed that students carry, on average, one binder and two notebooks with them daily. Textbooks also add a considerable amount of weight to backpacks. This year, all CRLS students are also required to carry the school-administered Chromebooks. Each school-assigned Chromebook weighs roughly three pounds (four pounds with the protective case that came with it). Many students have chosen to remove the case in order to decrease the weight of their bags.

In the survey, several students expressed the concern that the Chromebooks were a large part of the weight problem. CRLS junior



The average CRLS backpack weight is 16 pounds, according to a survey of 45 students.

Photo Credit: William Reed

Jahmaya Adamson said, “My back is beginning to hurt me because of the Chromebook weighing it down.” Junior Eli Levitt brought up another important point, saying that “the Chromebook policy definitely added more weight to my bag, because not only does this Chromebook and case weigh more than [my personal laptop], but sometimes I have to bring two laptops if I need to do work that Chromebooks block.”

School nurse Ineida Barros recommends using backpacks with chest straps, which helps support the torso. These chest straps also aid in distributing the weight of the backpack over your whole torso so that the shoulders aren't carrying all

the weight. Ms. Barros also stressed the importance of carrying your backpack on both shoulders: “How could you have [your backpack] on your back like that?”

When asked about possible solutions, many students mentioned removing the case, making lockers free, leaving binders and notebooks in class, and reducing the amount of paper used in classrooms as a way to lighten the load. Introducing Chromebooks was seen as the first step towards digitalization. However, many students feel that even more schoolwork should be done on the computers to reduce the amount of paper students have to carry with them daily.

Upcycling Club: Supporting Syrian Refugees with Clothes

By
Luca Johnson
Contributing Writer

CRLS junior Mina Hasan is on a mission to make a difference. She wants to do this by making a club for upcycling clothes and donating them to Syrian refugees. The only problem is that she hasn't gotten her club approved yet.

Hasan describes upcycling clothes as "taking old clothes and making it something new. For example, taking a pair of jeans and sewing a design on them."

Sarah Ikram, co-leader of this prospective club, adds that people in need "shouldn't just be offered the bare minimum. Customizing these clothes adds something special for them." Hasan says she reached out to the Harvard Refugee Center in early September to ask if

they donated clothes to refugees. She hasn't gotten a response from them yet. "If that doesn't work out, I'm going to give the clothes to the Salvation Army, because it's not just Syrians who need this stuff—it's everyone who is facing conflict."

She is very passionate about the Syrian conflict and she wants that to remain the focus of the club. The Syrian conflict "is one of the biggest humanitarian crises ever. It's been going on for eight years."

"Giving these clothes is like giving them hope and letting them know that there are people out there that know what's going on and care."

Hasan says that giving clothes to Syrian refugees is important. She says, "A lot of people in Syria are being displaced internally and externally. ... Giving these clothes is like giving them hope and letting them know that there are people out there that know what's

going on and care about them." When asked about the club's target audience, Hasan said, "Generally, I want everyone to join, but I feel like people who are brown like [myself] and Muslims should be a part of this because ... we should be giving back to our community and our people."

Hasan also says she wants people who like fashion and are passionate about it to join. She wants people to "personalize" the clothes and create things "in their own way." Hasan wants to

avoid enlisting people who are participating in the club "just to put [it] on a college resumé." She wants people to "actually care about helping others firsthand."

Emma Weller, another co-leader of this club, wants to recruit people who "want to help people and the environment." Weller added that



Junior Mina Hasan is the founder of the prospective club making clothes for refugees.

"5.7% of all solid waste is textiles and clothing. ... Re-using clothes is a really easy way to make that percentage smaller."

Students who were asked about their thoughts on this statistic were shocked. One student responded, "That is an insane amount of clothing." Another said, "That makes me want to donate more clothes." Hasan, Ikram, and Weller feel confident that their club is fun, use-

ful and important, but they find it "frustrating" that it hasn't been approved yet. Hasan says she still hasn't "gotten any feedback from Mr. Tynes or anyone so far. I'm just waiting." Weller laments, "We missed the opportunity to bring people in on Club Day." Ikram says, "I can confidently say [that the club would] be a way for people to express their creativity through redesigning donated clothes, as well as giving back to the people."

On CRLS Reading Levels Number of Readers Below National Average

By
Alex Baptista
Contributing Writer

With the massive increase in popularity of cellular devices, social media, and all things related to the internet, the prevalence of books has gone down drastically. In 2016, research done by the American Psychological Association (APA) discovered that only 16% of 12th graders said they were reading books and/or magazines daily. That number decreased from 60% in the 1970s.

In a poll taken amongst 51 CRLS students, 63% said they read books outside of class, while 37% said they didn't read outside of class at all. While some students say they read "for fun," others, like Anas Shaikh '19, also read since "most media doesn't cover anything close to the topics good classics cover."

Research done by the APA also found that, in recent years, around 20% of U.S. teens of all grades report reading a book, magazine, or newspaper daily for personal reasons. In the survey done across the 51 CRLS students, and of across those who read books, 12% said they read daily. While that statistic may seem low compared to the na-

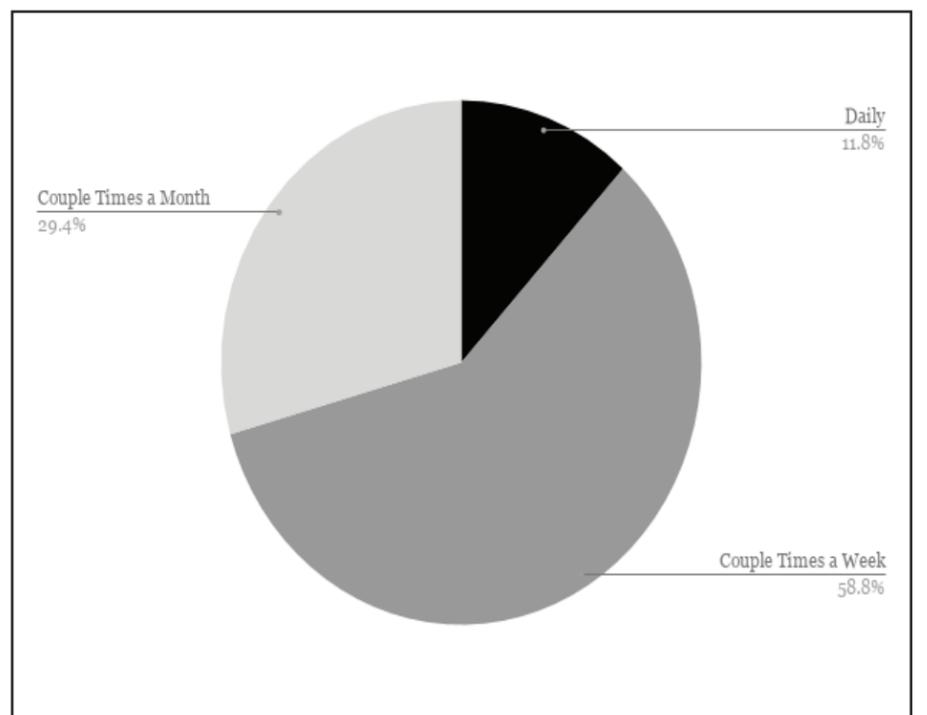
tional average, of those who read, 59% said they read a couple times a week. Though most CRLS students aren't reading daily, they're still managing to stretch their reading muscles.

Reading has many benefits, especially for teens and their developing minds. According to the National Library of New Zealand, reading books helps develop vocabulary, improve writing, broaden imagination, and gain confidence when speaking, among many other things. When asked on the benefits of reading, Mr. Snyder, an English teacher, provided, "On a fundamental level, reading allows people to gather information and insight from a variety of sources, providing opportunities for critical thinking and intellectual stimulation; literature can also foster empathy and understanding by challenging individual

"Reading allows people to gather information and insight from a variety of sources."

preconceptions."

It seems like most students recognize these benefits, with about 90% of the interviewees saying they think reading is important for teenagers. A couple students wrote survey responses such as, "[Reading]



In a student conducted CRLS survey, 58.8% of students who took the survey read only a few times weekly.

Graphic Credit: Alex Baptista

enhances our understanding of the world and our vocab," and "[Reading] enhances critical thinking."

Even though most said they understood the importance of reading, other commitments and responsibilities tend to get in the way of their reading time. One of the common trends among those surveyed was that they didn't have enough time to read. With homework assignments, projects, work, sports, and other extracurriculars, there just doesn't seem to be any time to just sit down and read. One student stated, "[I'm] normally too exhausted or don't feel I have time."

When interviewed on his experiences at CRLS, Mr. Snyder said that he sees students reading less and less. He reports, "When I started teaching almost 20 years ago, I felt that students frequently carried around the books that they were reading for fun, so that they could continue reading whenever the chance presented itself; I don't see that happen very often anymore."

Reading has become more accessible than ever, with the advent of e-books and online articles. Whether it's the ten minutes before you go to sleep, or as you're eating breakfast, any time spent reading counts towards something, so it's best to just start.

A Spotlight on Long-Term Substitute George Skelton

By
Yiyi Chen
Contributing Writer

Mr. Skelton was a long-term substitute for economics and will start teaching math reasoning next semester.

Register Forum: How long have you been teaching?

George Skelton: I've been teaching since around January of last year.

RF: Did you teach anywhere else before teaching at CRLS?

GS: Nope, it's my first time teaching.

I graduated from CRLS in 2009 and now I'm teaching here.

RF: What did you do before teaching at CRLS?

GS: Before teaching at CRLS I was an accountant, so I was working in accounting for five years. I have a masters in account-

ing and finance, so that's my background.

RF: Why did you want to be a teacher?

GS: I wanted to be a teacher because I wanted to give back to my community. I work with kids and high school students all the time in the summer [through] basketball and football, [and] I also coach Pop Warner, so I just felt familiar with kids and I felt it's better to work with kids because, you know, it's more

"Working with kids is more fulfilling than just crunching numbers all day."

RF: Is there anything unique about CRLS that you have noticed while teaching here?

GS: Unique, yes. Most of the students here are more friendly than before, a lot more friendly than I would think, so I feel like it's a great community here at CRLS.

RF: How is the community today at CRLS different from when you were a



Mr. Skelton taught economics this semester.

Photo Credit: Lucy Messineo-Witt

student?

GS: I graduated almost ten years from now, so it's different. There's a lot more technology, there are technological advances, and, like I said, students are just friendlier. When I was

in high school, everyone wasn't always that friendly, so people would get bullied sometimes, but now I feel like everyone's more aware of themselves and of other people's feelings, so it makes a better community.

National Gender Bias in STEM Is Not Escaped at CRLS

By
Sophie Wright
Contributing Writer

According to a study conducted in 2016 by Pew Research, almost half (48%) of women working in STEM (science, technology, engineering, and mathematics) say gender discrimination is a major reason there are not more women in these fields.

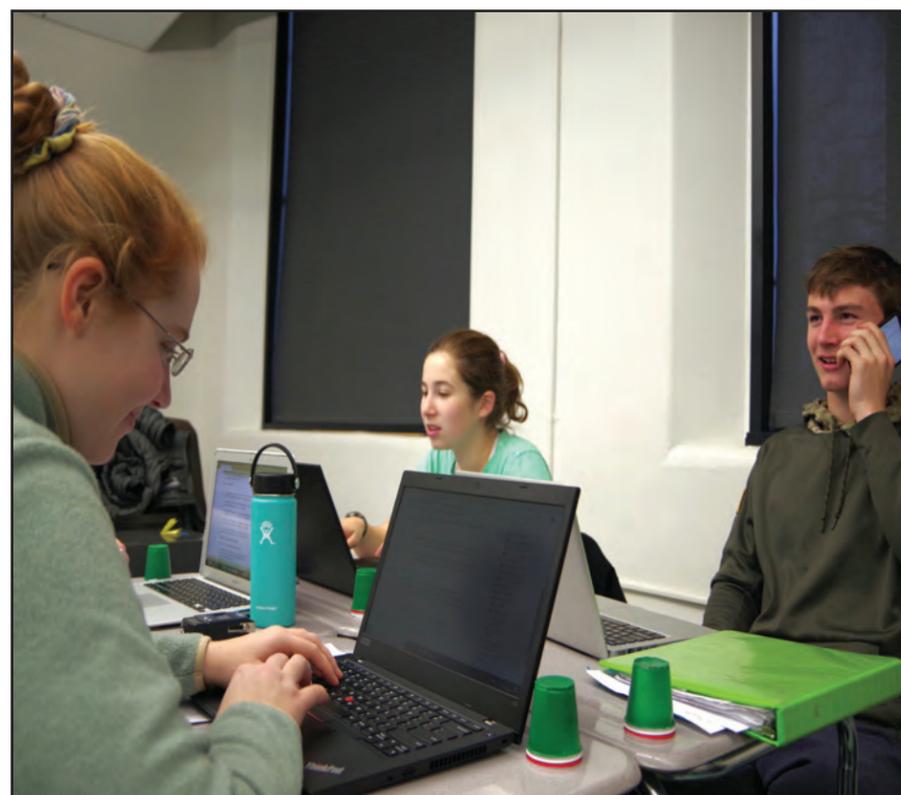
The CRLS community does not escape the global reality that STEM fields are dominated by men. In a survey conducted at CRLS, of the students who are confident participating in their STEM class, only 39% were women. Many female students express that the majority male population affects their confidence.

Gender bias influences female interests. According to Ph.D. Catherine Hill, 29% of male freshmen in college, compared to 15% of female freshmen, plan on majoring in STEM. In CRLS AP Physics classes, 74% of students report that there are more boys than girls in their class. In calculus, 62.5% report more boys than girls. Girls in these classes report that this disproportionality impacts their level of participation and confidence in class.

A recent study by Lin Bian, a member of a Cornell Lab studying youth psychology, showed that

five-year-olds are likely to say that girls are "really smart." However, when they reach the age of six, children often associate intelligence with boys. Once girls reach the age of six, they are referred to as "hard workers" rather than "really smart." This is despite the fact that, on aver-

age, girls outperform boys on tests in these subjects at school.



AP Computer Science is a STEM class offered at CRLS.

Photo Credit: Sakib Asraf

age, girls outperform boys on tests in these subjects at school.

At a young age, children pick up notions of the relationship between gender and intelligence. Nationwide, as well as in the CRLS community, these notions contrib-

ute to the gender differences in self-confidence in science or math related classes.

Charlotte Keats, a current senior in AP Physics C, states that "boys talk a lot more in class and sometimes overpower the conversations."

Similarly, Liliana Barkow, a junior in the same class, explains, "It can be hard to find confidence when a class is majority male, and boys dominate the conversation. However, after being in many STEM classes, I've learned to gain

confidence despite that fact."

In a survey conducted at CRLS, boys in these classes often describe their confidence levels as high. Nicholas Hall, a senior at CRLS who is in many STEM classes says, "I like to be loud, and I'm not afraid to get things wrong." Anonymously, another male student expresses, "I don't care if I say stuff that sounds stupid." On the other hand, female students indicated that even if they felt confident about the material, they often didn't participate due to feeling nervous in the classroom.

Current physics teacher Elizabeth Hansel attended Connecticut College and was one of four physics majors in her class. "In almost every class besides my quantum physics class, I was the only girl," she says. When asked how this affected her confidence, she said, "In the beginning, I was very nervous and intimidated, but once I was confident that I knew the material, I was empowered. I had to get over that it was okay to be the only girl."

Ms. Hansel describes that the two people in her academic career who influenced her decision to pursue physics were her high school physics teacher and her first college professor, both of whom were female. She says that her career path would've been very different if she had not met these women: "[When I met them], I was like alright, I can do this."

Behind the Scenes: Career and College Research Center

By
Sun-Jung Yum
Editor-in-Chief

Hundreds of CRLS students run in and out of the Career and College Resource Center (CCRC) throughout the year to take advantage of its countless resources. The CCRC is also home to three individuals who are dedicated to providing students with guidance; without them, the Center would not function.

The Center has been up and running since 1970, even during the freshman year of Jean Kuropatkin '77, who, as a student, volunteered at the center and today works as the clerk and the Secretary of Records. In the past 40 years, it underwent several changes with its staff, the merge of Cambridge High and Latin and Rindge Technical High School, the addition of career-centered resources, and a shift towards technology. Today, Ms. Kuropatkin works alongside Coordinator of Guidance Lynn Williams '89 and uAspire advisor Jenny Smith to serve the same role of providing students with access to information about various post-secondary options and financial pathways to their goals.

"At the beginning of the school year, the room needs a revolving door," Ms. Kuropatkin notes, laughing. "That's how busy it gets in here." Their job, however, doesn't simply end after applications are in for seniors, particularly with respect to uAspire's work with financial aid.

Advisors from uAspire, a non-profit that supports students in finding an affordable path to college, have been a part of CRLS' CCRC for three years now. According to Ms. Smith, CRLS is unique in its

level of family involvement; it is evident that investigating financial options is a family endeavor for CRLS students, something which she values about the school.

However, the Rindge Building's CCRC office, which runs on a mostly drop-in basis, and its uAspire desk, which is appointment-based, are not the only resources for students. Based on impressions from the College and Career Fair in October, students eager to learn more about certain schools and jobs can

receive an answer before walking out the door.

As a student at High and Latin, Ms. Kuropatkin worked as a Peer Counselor in the CCRC, similar to today's Peer Leaders. "When I finished high school, I found out that there was an opening and I applied for it, got it, stayed, and liked it," she recounts. Now, 43 years later, she runs Peer Leadership classes three periods a day and handles records for students and alumni.

Ms. Smith, on the other hand,



Ms. Kuropatkin and Ms. Smith are staff members at the CCRC.

Photo Credit: Sakib Asraf

attend the College and Career Fair in October, as well as daily visits from places ranging from the U.S. National Guard to Columbia University.

With the representatives often being the admissions officers who later will review CRLS applications, "students definitely use [the college visits] as an opportunity to get to know the admissions officer personally and make that connection since it's so competitive," Ms. Smith points out. In fact, Johnson and Wales University holds on-spot-applications at CRLS, where applicants are interviewed one-by-one by an admissions officer and

works entirely on the financial aid part of the college process, meeting with seniors and families throughout the day. With uAspire's desire to match an experienced advisor with CRLS' large community, Ms. Smith's three years in various positions made her a natural fit for the job, and CRLS was also a community that Ms. Smith was particularly eager to join.

"In a lot of my education classes [at Tufts University], we talked about Cambridge Rindge and Latin and studied it as a cool, diverse, interesting school. I had always heard about it and was fascinated by the student population," she explains.

With Ms. Kuropatkin and Ms. Smith, Ms. Williams works on all fronts, overseeing the CCRC as well as CRLS' entire guidance system. However, unlike Ms. Kuropatkin—who had volunteered at the CCRC during high school—and Ms. Smith—who had always wanted to work with students—working at the CCRC was not something that Ms. Williams had originally considered.

Having grown up in a low-income, single-parent household and being the first in her family to attend college, the tremendous support of her guidance counselor at CRLS was something which had impacted her greatly. "I thought a lot about that as I thought about what I might want to do and decided that I wanted to go into counseling."

Working at the center comes with its own difficulties, however. "I hate it when they don't get into the school they want. And it's going to happen again! It happens every year," Ms. Kuropatkin laments, tearing up. "Some students say that they want to go to a four-year school and then they don't get into the one they want and the money can only match a community college. There's nothing wrong with a community college, but they'll say, 'I didn't want that.'"

Still, helping students through these moments is exactly what the CCRC hopes to do. "[My favorite thing] is helping students realize that they do have potential, that their dreams can be met, that no matter what their circumstances are if they want something, they can certainly attain [it] as long as they're willing to put in the hard work and work at it," affirms Ms. Williams. "I think that's definitely my favorite part of my job—just working with the students."

GIVE



BLACK



At the Black Student Union's first "Give Black" event, junior Reham Zeroual broke the world record for most pies thrown in the face in one minute with a total of 111 pies.

Photo Credit: Sakib Asraf (left and center), Theo Boehm (right)

Affirmative Action at Harvard: A Boost or Discrimination?

By

Sekai Tully Carr
Contributing Writer

On October 15th, 2018 at the John Joseph Moakley district courthouse, attorneys for Harvard and the organization Students for Fair Admissions (SFFA) met in front of Judge Allison D. Burroughs to dispute Harvard's use of race in its admissions process. SFFA, a non-profit founded by Edward Blum, argues against any college admissions policy that takes race into account.

Blum, a conservative civil rights activist, has been instrumental in bringing six cases to the Supreme Court, including *Fisher v. University of Texas* (2013) and *Evenwel v. Abbott* (2016). In 2014, Blum filed cases against Harvard and University of North Carolina at Chapel Hill on grounds that race was negatively affecting the admissions rate of White and Asian-American students.

According to *The New York Times*, Harvard's "holistic" admission policy has been a model since the 1978 Supreme Court decision in the case *Regents of The University of Califor-*

nia v. Bakke, which upheld the use of race as one factor among many in the admissions process. Despite this, SFFA has accused Harvard of maintaining a quota for Asian students as well as giving Black and Latinx applicants an unfair boost because of their race.

Although SFFA is suing Harvard on the grounds of discrimination against Asian-American applicants, not all Asian-Americans are against affirmative action. In actuality, the 2016 Asian-American and Pacific Islander

poll found that close to 66% of Asian-Americans are in support of affirmative action. Similarly, 67% of CRLS students and staff polled by *The Register Forum* are in support of affirmative action.

Senior and President of History Club Neely McKee believes that "race must be a factor in college admis-

sions because having a diverse student body—and thus, a variety of different perspectives represented on campus—is fundamentally important to every student's education and college experience."

Surprisingly, many of the students who support the idea of affirmative action do not believe that race

by colleges based on their work ethic and extracurriculars. They believe that race shouldn't matter when defining who would be a good fit and who might succeed in a particular college.

Biology teacher Tomika Moody disagrees: "In a perfect world, admissions would be based solely on merit, but that would ignore all the other systemic disadvantages forced upon races that aren't white. Without race, more admissions committees could pretend that [race] is the problem and ignore issues of equity, access, and other socioeconomic factors."

Many of the CRLS students and staff polled agree that affirmative action is a way to level the playing field for qualified candidates. On the other hand, the consensus among students who do not believe that race has a place in college admissions is that it gives some applicants an unfair advantage irrespective of that person's capabilities. Many believe that race is superfluous and is less important than factors such as economic situation and previous education.

SFFA believes that an admission tip, or boost, for African-Americans is a penalty for Asian-American applicants. Economist and University of California Berkeley professor Dr. David Card studied Harvard's admission processes and testified as an expert witness. Dr. Card found "no negative effect of Asian-American ethnicity" within the admissions process. On page 34 of his rebuttal report, he concluded that there is no "consistent or statistically significant evidence of bias against Asian-American applicants."

One thing is clear, however: Harvard will not admit an unqualified candidate. In his testimony from the witness stand, Harvard Dean of Admissions William Fitzsimmons repeatedly stated that Harvard considers race as one factor among many in their admissions process and that race never gives enough of a tip to admit an average candidate at the expense of a first-rate one.

is already doing what it can to counteract the messages coming from the Trump administration and that the school is supportive of transgender people. However, freshman Aiva Brusgulis, whose best friend is transgender, says that there is still work to be done. "I see people here and they don't know that much about why people want to be transgender [and] if it's a choice—it's not a choice—but they don't really know because no one's teaching them this stuff," she says.

When asked what he wanted to tell the CRLS community about the new definition, Duval says, "I would say they're called rights for a reason. It shouldn't be so easy to take away a class of people's rights." Duval's message to transgender students at CRLS, in particular, is, "We as a community are very strong. ... We as a community will make it through even if there will be damage." Quinn's message to transgender students at CRLS is similar to Duval's. "Know that people stand with you," she says. "If you're transgender, you can't let this degrade you. You have to use it to fuel your strength to come back even stronger."

Percentage of students and staff at CRLS who approve of race being considered in college admissions



In a Register Forum survey, 53.6% of responses approved of the consideration of race in college admissions and 46.4% did not.

Graphic Credit: Sekai Tully Carr

should be considered in the college admissions process. While some respondents approve of the idea of affirmative action they do not agree with its practical application within the admissions process.

Some of the respondents believe that all applicants have an equal opportunity to be accepted

CRLS Reacts to Trump's Plans for New Definition of Gender

By

Isabelle Agee-Jacobson
Managing Editor

On October 21st, 2018, *The New York Times* reported that a draft of a memo from the Department of Health and Human Services indicates that the Trump administration is trying to define gender on a strictly biological basis. This definition would define gender as male or female, unchangeable, and determined by a person's genitals at birth. The proposed definition comes in stark contrast to the Obama-era definitions of gender that gave individuals more control over their legal gender identity.

Senior Jasper Duval, who is transgender, says that when he found out the news, "[He] was horrified. Felt kind of sick to my stomach. But not surprised." CRLS physics teacher Tal SebellShavit, who is transgender, also was not surprised by the news. In an email to *The Register Forum*, Mr. SebellShavit wrote, "Honestly, I've been waiting for and expecting it. It didn't surprise me which lessened the blow."

While Duval says he personally feels safe given that Cambridge and Massachusetts are generally hospitable places for members of the LGBTQ+ community, he has thought about what this definition is essentially saying that "trans people have no right to exist in the same class—like the same level of citizenship—as any other American." He says he is worried that hate crimes targeted at people who are transgender will increase if this is how Title IX, the federal civil rights law that bans discrimination on the basis of gender in government-funded education programs, defines gender. In particular, Duval is concerned that the number of people the transgender community remembers on the Trans Day of Remembrance will get much longer.

Students who identify as transgender are not the only ones who this news has impacted, though. "The news [is] really impactful to me, because I have lots of friends who are part of the LGBTQ community, and I'm also part of the

LGBTQ community," says Ixchel Quinn '22, who feels as though her world would visibly change if this proposed definition was to go into effect.

The news of this memo came just weeks before Massachusetts voters were set to vote on Question 3, a ballot proposition that asked whether the state should uphold current protections for transgender people. On Tuesday, November 6th, Massachusetts voters decided overwhelmingly to keep these protec-

tions, which ban discrimination based on gender identity in any public place. Leo Austin-Spooner, a sophomore, says, "I feel like this news, in conjunction with the election, was a really pivotal point for the transgender community in the United States as well as across the country and across the world." He explains that the messages coming from the federal government gave him even more motivation to fight to keep protections on the state and local level.

Many members of the LGBTQ+ community feel like CRLS

"It shouldn't be so easy to take away a class of people's rights."

“Midterm Elections”

Continued from page 1

cumbent candidates would get re-elected. I was only unsure about how people would vote on Question 1.” Like Rose, many MA residents were anxiously anticipating the outcomes of the three state referendums on the ballot. Question 1, which would have put a lower cap on the number of patients nurses could see during a certain period of time, was not passed while Questions 2 and 3 were. Question 3 asked whether a law protecting transgender rights in public places

“I was surprised by how large a percentage of people voted ‘no’ in some counties for Question 3.”

should be kept or abolished in the state of Massachusetts. Without this law, businesses and doctors could legally refuse to serve people they believed to be transgender.

Many students at CRLS, including sophomore Conrad Fischl-Lanzoni, are in support of Question 3 because “it helps prevent discrimination against transgender people.” Several students demonstrated their support for this question by providing information about the question on flyers in bathrooms. Though the “yes” vote overwhelmingly won the state with 68% of votes, guaranteeing that these protections remain. Senior Abby Panzica noted, “When looking at the results of Question 3, I was surprised how large a percentage of people voted ‘no’ in some counties.”

Panzica’s comments may seem surprising to the average CRLS student because of the left-leaning nature of the city, but over 30 counties were split almost evenly on whether or not Question 3 should be passed. Rindge students on the left were fairly happy with the outcome of the elections in Massachusetts on November 6th. As senior Rachel Alexander put it, “Reflecting back on the state election results, I’m pretty happy about the ballot questions and the candidates elected. Nationally, on the other hand, I’m still hoping the recounts will swing in favor of the Democrats.”

City Remembers Victims of Shooting Interfaith Vigil Held for Tree of Life Synagogue Tragedy

By
Levi Herron
Metro Editor

An estimated 400 Cambridge residents gathered outside City Hall on the night of Tuesday, October 30th to remember the eleven people lost in a brutal mass shooting at the Tree of Life Synagogue in Pittsburgh on October 26th.

The killer, Robert Gregory Bowers, shouted anti-semitic phrases as he committed the heinous attack. Soon after the shooting started, police shot and wounded Bowers, forcing him to retreat into a room. He later surrendered to officers, and muttered to them that he “wanted all Jews to die.”

Most of those killed were elderly, including one woman who was 97 years old. In addition to the eleven civilians killed, six other people were injured, including four Pittsburgh police officers who were shot while running towards the gunfire.

People all over the country have responded to the attack by voicing their support for the victims and their families. The City of Cambridge organized an interfaith vigil for community members to mourn for the victims.

Many local politicians attended the vigil, including City Councilors Alanna Mallon, Sumbul Siddiqui, and Tim Toomey, and Congresswoman Ayanna Pressley. Officials from the Cambridge Police Department and various levels of city and state government also attended.

The vigil was led by the director of the Cambridge Peace Commission, Brian Corr, and speakers included faith leaders and city officials. Before the speakers started, Police Superintendent Christine Elow issued a statement regarding the attack, saying, “It is our job as the police to provide extra attention and support to faith communities. Our support goes out to the families of the eleven people killed, and to the Pittsburgh

Police.”

The ceremony began with a reading from the Torah by Rabbi Emily Mathis of the Tremont Street Shul. Mayor Marc McGovern then gave a thought-provoking and impassioned speech, imploring individuals to “honor the lives of those lost by growing our community,” and stating that “there is no law that will stop hatred; instead, we must speak out.” City Manager Louis DiPasquale also spoke, reminding residents that, as a city, Cambridge strives to be welcoming to all in its community.

After the government officials spoke, there was an interfaith portion to the service, which began with emotional words from Harvard’s Muslim chaplain, Khalil Abdur Rashid. Rashid asked the community to re-

member to be hopeful, and said, “We will not rest until all are honored for the sake of their community.”

There was then a speech from Reverend Robin Luttjohann, the pastor from Faith Lutheran Church, who said, “Fascism doesn’t always start with anti-semitism, but it works its way around to it eventually.”

The service ended with words from Bishop Brian Greene of Pentecostal Tabernacle Church, and sinning by Rabbi Mathis and the attendees of

lines from the Torah.

The crowd held candles throughout the service, and people in nearby buildings watched from their

apartment windows. People of every age, race, and religion, including many CRLS students, attended.

Senior Eloise Botka said, “I think [the vigil] had a really good message because it brought a lot of people together from different faiths.”

Botka, along with many other attendees, was not surprised that the horrible shooting happened given the many other recent mass shootings. She said, “As a community, we have to protect people within the different groups that are being targeted with hate crimes and continue to show our support for them.”

“There is no law that will stop hatred; instead, we must speak out.”

“Fascism doesn’t always start with anti-semitism, but it works its way around to it eventually.”



400 Cambridge residents gathered for a candlelight vigil in the wake of the October 26th mass shooting in Pittsburgh.

Photo Credit: Sakib Asraf

Bohemian Rhapsody: Witnessing the Icon Freddie Mercury



By
Andrew Mello
Art & Entertainment Editor

Of all the great rockstars of the past, I couldn't dream of anyone with a larger personality than Freddie Mercury. Often slated as the greatest frontman to any band (a statement I'd agree with), Mercury very much outshone his competition with his distinct wardrobe, spontaneous physicality, and iconic teeth.

However, this came at a cost with him resembling a candle burning at both ends. But, as he puts it, "The light is so divine." The film *Bohemian Rhapsody* knows it doesn't take the silver screen to make Mr. Fahrenheit larger than life, but in no way does it shrink his infectious attitude.

The film begins in 1970—not long before he would become the famous Freddie Mercury, but while he was still Farokh Bulsara, an immigrant from Tanzania. Mercury meets his future bandmates and his girlfriend, Mary, at a college pub. The band's lead singer quit, so Mercury auditions on the spot in spectacular fashion. It doesn't take

very long for the band to go from four misfits to rock-and-roll superstars, living lavishly and touring all around the world.

However, the longer they're together, the more they wear away at what binds them together, eventually splitting up.

They are reunited years later by Mercury's contraction of the AIDS virus, continuing to make music until his death.

To say that filling the role of someone as iconic and influential as Mercury is difficult for an actor would be an understatement. It's an even greater understatement to say that Rami Malek nails it.

The personality and manner-

isms of Mercury are perfectly replicated here, and it's easy to forget Malek as "the guy from *Mr. Robot*." Every scene and performance seems like the ghost of Mercury has returned for one final performance. The most convincing aspect of his portrayal is his initial legitimacy, as he acts the same on stage as he does off. By the end of the movie, however, we get to see Mercury without any of the theatrics, for an emotional glimpse behind the man himself.

There was much controversy surrounding the (credited) director of this movie, Bryan Singer. He was fired last December, shortly after being accused of sexual assault. Dexter Fletcher was hired to finish the project, and

In some scenes, the story is effortlessly and subtly told through visuals—e.g. when Mercury's father holds onto the innocence of the young boy he remembered. But then, not five minutes later, a lazy inside joke featuring Mike Myers in a beard reminds you of the split creative mind. This results in the movie being totally all over the place, often within the same scene.

The scenes where you don't notice any of this duality are the numerous concert scenes. Whether it's Madison Square Garden or Live Aid, the spectacle of Mercury on stage is one to see. The music alone is already like a live wire in your ear, but getting to be in the audience and watch every sporadic movement is pulse-pounding, to say the least.

The grand finale is the Live Aid concert, arguably the most important moment of the band's history. As Mercury stares into the innumerable crowd, you can see in his eyes how he became a rockstar: the utterly captivated audience.

Bohemian Rhapsody does not interest itself with much of the minutia that bogs down and degrades other biopics. It exists to tell the life of a rockstar, through both his failures and triumphs. I may not have been alive to witness Mercury in the flesh, but this film is just as good.

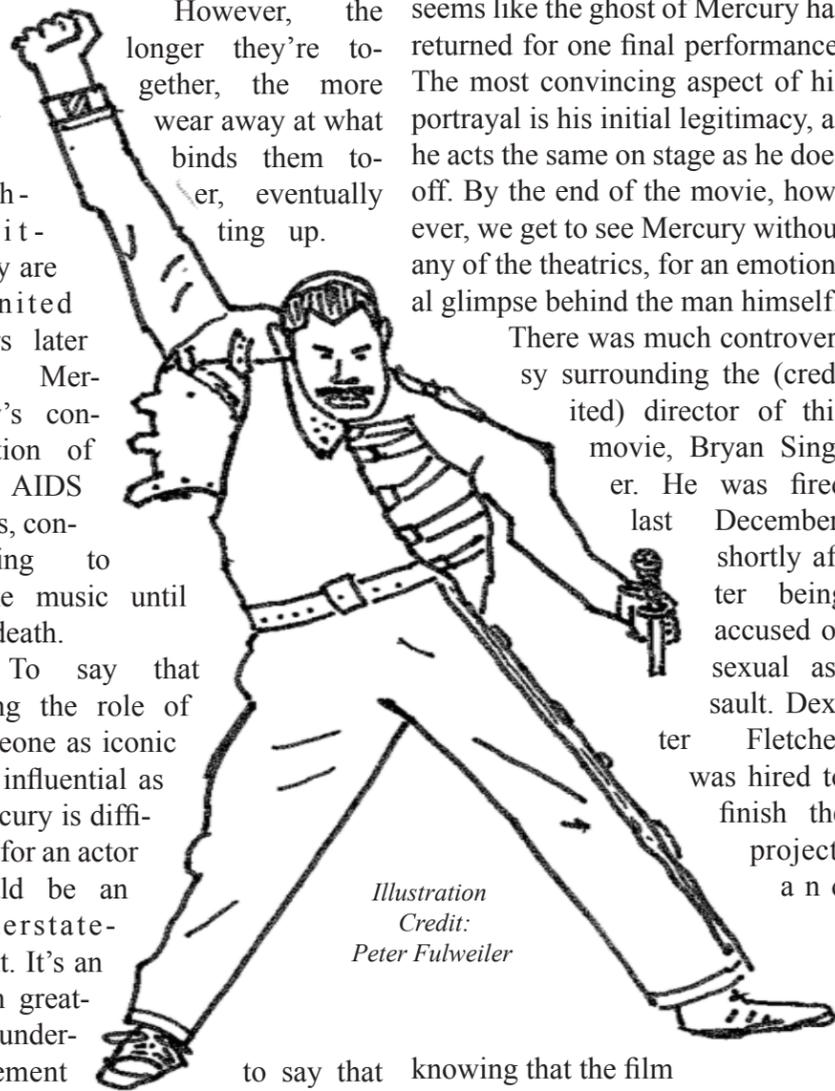


Illustration
Credit:
Peter Fulweiler

Beautiful Boy Depicts Pain of Addiction

What It Lacked in Direction, It Made Up in Emotion



By
Willa Frank
Contributing Writer

Directed by Felix Van Groeningen, *Beautiful Boy* is a poignant yet heartbreaking illustration of the opioid epidemic in America today. The film was moving at times, but not life-changing. Starring Timothée Chalamet and Steve Carell, the film emphasizes the father-son bond and how love can override logic.

Nic Sheff (Chalamet) is an intelligent high school student who quickly drifts away from his father and spirals into addiction. David Sheff (Carell)

both physically and emotionally—throughout the process.

Chalamet was fantastic. On screen, he truly became Nic Sheff in another compelling performance. In the past year, he has played three distinct roles in *Lady Bird*, *Call Me By Your Name*, and now *Beautiful Boy*, each with a now-dependable presence. Nic wants to overcome his addiction, but he is in so deep that "want" is not enough. At several points in the story, Nic appears to find himself and to overcome his disease. However, there is always something to draw him back down into the world that will haunt

complex by his curiosity not just to help his son but to understand his addiction, but Carell fails to fully convey David's multilayered perspective. For instance, as David's first child, Nic has always been especially close with David. Instead of the traditional "I love you," David and Nic often say "everything" in reference to the idea that Nic means more to David than everything else in the world. However, Carell and Chalamet lack the chemistry on screen that is so carefully illustrated in the script of the film.

Van Groeningen has created a movie centralized around the opioid crisis, but he added extra layers that while they could have strengthened the movie, really

just clouded the message. For example, the film explores the complexity of helping a child of divorce. David Sheff is remarried and not on great terms with his ex-wife. Both parents—



Though poignantly tragic, *Beautiful Boy* has its weak moments.

Graphic Credit: Ada Carter

as well as David's second wife—struggle to help their son and to work together, but this thread of the story has a meek ending in which Nic's parents simply acknowledge each other to be good parents and stop blaming each other for their son's addiction.

To the film's credit, *Beautiful Boy* drags the audience through an emotional roller coaster of hope, joy, and pain that moved me to tears at several points throughout the film. As the

story progressed, I found myself feeling imbued by the hopelessness of David and the aimless sadness of Nic. I found the plot frustrating to watch, but I think that speaks to Van Groeningen's success in emphasizing the destructiveness of drugs, especially among America's youth. This theme is especially powerful and important to understand as a high schooler. For this reason, I would definitely recommend seeing *Beautiful Boy*, despite its weaker moments.

Beautiful Boy drags the audience through an emotional roller coaster.

struggles to understand why his brilliant eldest son has changed so much without him even recognizing it. More than anything, David wants to help his son, but he struggles to reach him—

him forever, which is truly heart-wrenching to watch.

Carell, who usually plays comedic roles, lacked authenticity at moments. David Sheff is a well-designed character made

“Honk!”

Continued from page 1

fection that the cast and crew have for each other, saying that “a lot of love and care was put into this musical, and it shows.” Clearly, it showed to audience member Cristian Jurado '19, who thought that the musical was “very touching and heartwarming.”

One challenge that technical artist Anya Cunningham '20

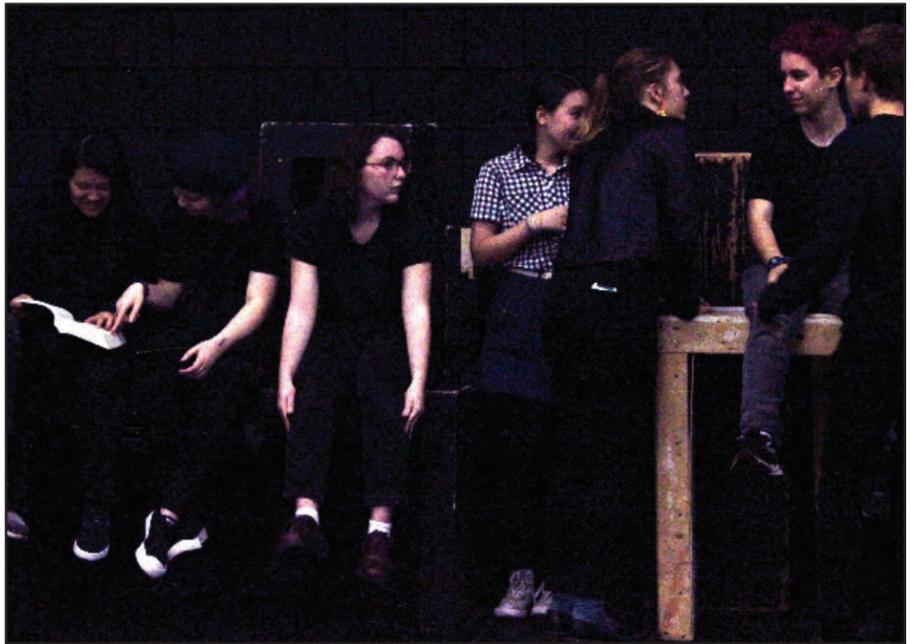
“Being in the show was perceived as a bad thing.”

described was the “negative energy surrounding the play.” Lee also described facing similar challenges, saying, “From day one, being in the show was perceived as a bad thing, and people had already judged it before even seeing it.” *Honk!* is

very different from *West Side Story*, potentially throwing students off at first. Sabir mentioned as well that “[*Honk!*] is not the typical play that the high school does.” However, Anya describes that the cast and crew were able to overcome this negativity, saying, “We kept a positive attitude and persevered through until opening night!”

Like last year’s fall musical *West Side Story* and the 2016 musical *In the Heights*, *Honk!*

had a clear message of inclusivity and love. *Honk!* brings the message back to the inner child in all of us, telling the audience that it is okay to be different. A popular song from the musical tells the audience that someone will love you, “warts and all!”



Despite being unconventional, the 2018 musical *Honk!* spread a message of inclusivity and love to all of the audience members.

Photo Credit: Lucy Messineo-Witt

The Hate U Give's Importance Makes Up for Flaw in Casting



By
Cameron Moody
Contributing Writer

The much-anticipated adaptation of Angie Thomas' *The Hate U Give* has finally arrived. Released on October 19th, this film provoked feelings and emotions that I know a lot of black people (myself included) have been harboring. It tells the story of Starr Carter (Amandla Stenberg), who is caught in the middle of a harrowing police brutality case after leaving a party with her childhood friend, Khalil (Algee Smith). When they are stopped by police, Khalil is asked to exit the vehicle, and he is then shot by the officer. This act serves as the catalyst for the rest of the film.

From the very first scene, I was instantly put on edge. It starts with "the talk," a conversation black and brown families have had for generations: the do's and don'ts when dealing with police.

I connected to this scene immediately as someone who has had that same talk with my parents. The fear that envelops the black community when it comes to police is the centerpiece for the entire film. Throughout, we are constantly re-

minded of the looming peril that people of color face every day.

Another very important plot point in the film is Starr's identity search. When she is at home, she

is fly, vibrant and comfortable. However, when she attends her private school in an affluent white suburb, she is "Starr Version Two." This Starr is reserved, pick-

ing her language carefully to avoid sounding "ghetto." This side of her is more likely to hold her tongue than to speak up for herself, in an effort not to sound "ratchet" or play to the trope that all black girls are

loud and belligerent. This struggle to find herself is something that is common among black teenagers.

The fear of being "too black" comes from the idea that to be black

is to be inferior. So, as black people, we often attempt to put on a mask that makes us more "formidable" to our white counterparts. If anyone has ever been told that they "speak like a white

that we don't ever have to try to change ourselves to appeal to anyone.

While incredibly powerful, this film was not without its drawbacks. Perhaps my biggest issue with this film was decided before we saw a single scene. In the book (and on the cover), Starr is portrayed as dark-skinned. Yet, in the film, Starr is light-skinned.

This plays directly into the issue of colorism in today's Hollywood and society in general. This is not to say that Amandla Stenberg didn't do a good job, but I do not think it was fair to cast a light-skinned girl in place of the dark-skinned main character that Starr was supposed to be.

This film is by no means perfect. It has its flaws like any other. However, what it lacks in some areas, it more than makes up for in the emotional motor that touches the hearts and minds of many people. As impactful as the book is, this movie elevated the effect because it gave us a visual of what we have seen play out in our country for years.

This movie should serve as a wake-up call that we still have very far to go in reaching a "post-racial" society. It should remind white America that black lives matter, and that the racist and discriminatory treatment against us must end.



The Hate U Give was released on October 19th in theaters.

Illustration Credit: Lara Garay

person" (because I have), that comes from the nonsense stereotype that only white people know how to speak proper English. However, in her struggle, Starr also serves as a testament that black is beautiful and

Sequel of Fantastic Beasts Disappoints, Fails to Excite



By
Andrew Mello
Arts & Entertainment
Editor

The world established in the *Harry Potter* movies is a bottomless gold mine of potential sequels and continuations. Any way you move through history—up, down, left, or right—you can't find a time period that seemingly can't be made interesting with the addition of wizards and Quidditch. But even if it seems impossible, *Fantastic Beasts: The Crimes of Grindelwald* proves that you can still make it stupid—and, worst of all, boring.

There's an intentional reason for the title *Fantastic Beasts*; it's the most interesting part of the movie. The fantastical creatures and the world they inhabit are far more fleshed out than any of the characters, which leaves the whole movie feeling incredibly hollow. The scenery may

be aesthetically pleasing, but without characters to occupy and interact with it, it's near worthless. The only character I enjoyed watching was Jacob (Dan Fogler), a "Muggle" thrust into the magical world who reacts as one would expect of someone shown that wizards exist.

The identifiable reason the other characters don't work as well as in the previous movie is that there are too many characters split up into too many small groups. While each group tries to progress the plot forward, there's a lot of overlap—where different characters have to come to the same conclusions separately, over and over again. Each pod feels like a short and disconnected vignette, where nothing happening on screen has any impact on the larger story, if there is supposed to be one. The backbone to the whole plot is the mystery surrounding the true identity of Credence Barebone (Ezra Miller), an abused young man with powerful magical abilities

latent inside him. However, the reveal was so convoluted, so unimportant, that others in the theater were quite vocal in their confusion and genuine disappointment.

There was a promising beginning to this movie, with ideas that had me anticipating their use later. But these ideas never turned into anything. Gellert Grindelwald (Johnny Depp) is led up to be quite the formidable opponent, but by the time the movie is finished, he is merely a traditionally evil villain with nothing more noteworthy than his David Bowie-esque eyes. Many characters receive the same or worse fate, reduced to little more than plot points.

Most of the blame here surprisingly falls on the head of J.K. Rowling, credited as the sole writer of this mess. After decades of work in this magical world, she's shown a deep understanding of structure and character—both things this movie seriously lacks. *Fantastic Beasts* is not without merit, however; director David



While visually appealing, *Fantastic Beasts* proves unexciting.

Illustration Credit: Teymura Landsverk

Yates is at the top of his ability here. Every scene, pointless or not, is well-framed, strategically lit, and shows a clear tone. Some of the action scenes changed shots dizzyingly fast, but it's a compliment for this to be my biggest complaint with his work. It seems that he is doing his best with what he was given, and he clearly knows what he's doing—evidenced by his work directing some of the better original *Harry Potter* movies. With a better script, I believe he could have made

a far better movie.

After it was over, I left the cinema asking myself if I understood the ending or not, eventually realizing that it wasn't my lack of perception but instead the film's lack of coherence. This was supposed to be the enticing second part of a five-film saga, but, instead, it turned out to be a disappointing and concerning chapter of a not-yet-started franchise. It even has the gall to end with a cliffhanger—the promise of a sequel I no longer wish to see.

Standardizing Classes Is More Fair for Students and Teachers

Variance in Teaching Style Now Leads to Unequal Classrooms Later

By
Nick Howe
Contributing Writer

You're sitting with your friends, reminiscing over the classes you've had, when you run into an issue: your classes have nothing in common. Sure, they're both called HN English 10, but while you've spent three months reading *Frankenstein* and written multiple essays, your friend hasn't read *Frankenstein*, instead reading *Things*

Fall Apart and written daily paragraphs.

You ask your

other friend, but they finished *Frankenstein* two months ago, and have been reading *Macbeth*. Why have you all had completely different experiences in the same course?

One of the most unusual things about CRLS is how varied classes are based on the teachers. Teachers having control over what they

are teaching is by no means a bad thing, but when teachers teach classes so differently that students leave the class with entirely different skills, it becomes an issue. Many students attempt to change their schedule, not because they think their classes are wrong for them, but that their teachers are.

Who would want to take a class with Mr. A, who assigns weekly quizzes, while Mr. B doesn't assign homework? If all a college will see is a grade,

Why have we all had completely different experiences in the same course?

why shouldn't you take Ms. C's class, who curves every assignment, instead of Ms. D, who doesn't allow for retakes or corrections? Simply put, due to the lack of standardized curriculum, students who perform the same on assessments, like the MCAS and SAT, get wildly different grades in the exact same classes.

This difference in curriculum doesn't just impact students; it impacts teachers as well. In the beginning of the semester, a teacher will often ask you what you've learned in your previous classes, leading to a wide variety of answers.

Some students have studied one concept, while others have learned an entirely different one, if they've learned it at all. Some students know about the same formulas, but with different names and variables. Due to the difference of instruction in a previous class, the teacher must constantly adjust their own curriculum to make sure that everyone starts at the same place, taking up valuable time.

While classes should not have curricula planned down to the day, it is necessary to uphold central themes for a course. This way, students taking the same course will have



Students in the same course can learn differently due to their teacher.
Illustration Credit: Lara Garay

shared experiences. For example, if every World History 2 teacher taught about the world wars, all students during the class would be able to use their knowledge of the wars to help understand issues presented in HN U.S. History 1.

I think that teachers

teaching classes of the same level should make sure to teach a set number of points to help equally prepare students for standardized and national tests, as well as to prevent teachers from having to re-teach material to certain students.

Cambridge Sets the Pace for Clean, Renewable City Plans

By
Julian Knight
Opinion Editor

As American politics have become increasingly divisive, it has become easy to lose sight of specific policy issues. But climate change and the use of fossil fuels are issues that all Americans have a stake in; they should be apolitical, and bipartisan efforts to combat them should be of the utmost importance.

Gone are the days in which the solution to climate change entailed regular recycling and using energy-efficient light bulbs, for the UN's recent report predicts that humanity is quickly running out of time to prevent an excessive rise in global temperature.

There have been numerous attempts over the years to combat the impact of humans on the environment, from protests against the Keystone XL pipeline in 2015 to the banning of plastic bags here in Cambridge. But the most wide-reaching proposition is a carbon tax—a system of taxes and fees levied on the producers of fuels depending on their carbon content.

In this November's midterm elections, the state of Washington had a ballot question referendum that would have placed a fee on fossil fuel emissions. I-1631, as it

was called, would not only have cut Washington's greenhouse gas emissions starting in 2020; it would have raised more than \$1 billion three years after its institution.

The referendum was rejected

\$31 million raised in opposition, likely in an effort to protect themselves from the damage such a tax would do to their profits.

This situation in Washington is far from unique, for under the



Fossil fuels continue to contribute to the negative effects of climate change.

Illustration Credit: Peter Fulweiler

by 56.3% of voters, some of whom cited the unfairness of such a tax on working families.

Yet opposition to the ballot proposal didn't come solely from these working-class interests—the oil industry provided much of the

Trump administration, many protections, including the Obama-era Clean Power Plan, were scaled back.

And while there is little direct change that ordinary citizens can institute outside of election season,

statewide referenda offer the promise of the people taking charge of their health, the environment, and their future by rejecting the power of fossil fuels and using their votes to directly limit the extent of harmful climate change.

This is something that is already underway in Cambridge, where the 2002 Cambridge Climate Protection Plan promised an 80% reduction in greenhouse gas emissions by 2050; in fact, Cambridge policies surrounding climate change are centered around reducing such emissions through a variety of means, including an increased reliance on walking and bicycling, the introduction of more renewable forms of non-fossil fuel energy, and construction of energy efficient buildings (including CRLS, which received a LEED designation upon its 2009 renovation). Of course, these are steps in the right direction, but as the federal government moves away from acting against climate change, it will be up to cities and states to tackle the issue alone.

Now, they must stand not only against fossil fuel companies, but against the Trump administration's new policies to take charge and, in the case of Cambridge, levy carbon taxes, divest from fossil fuels, and promise to continue to fight this global issue on a local scale.

Chocolate and Child Slavery

The Hidden Price of Your Halloween Candy

By
Miriam Alvarez-
Rosenbloom
Layout Designer

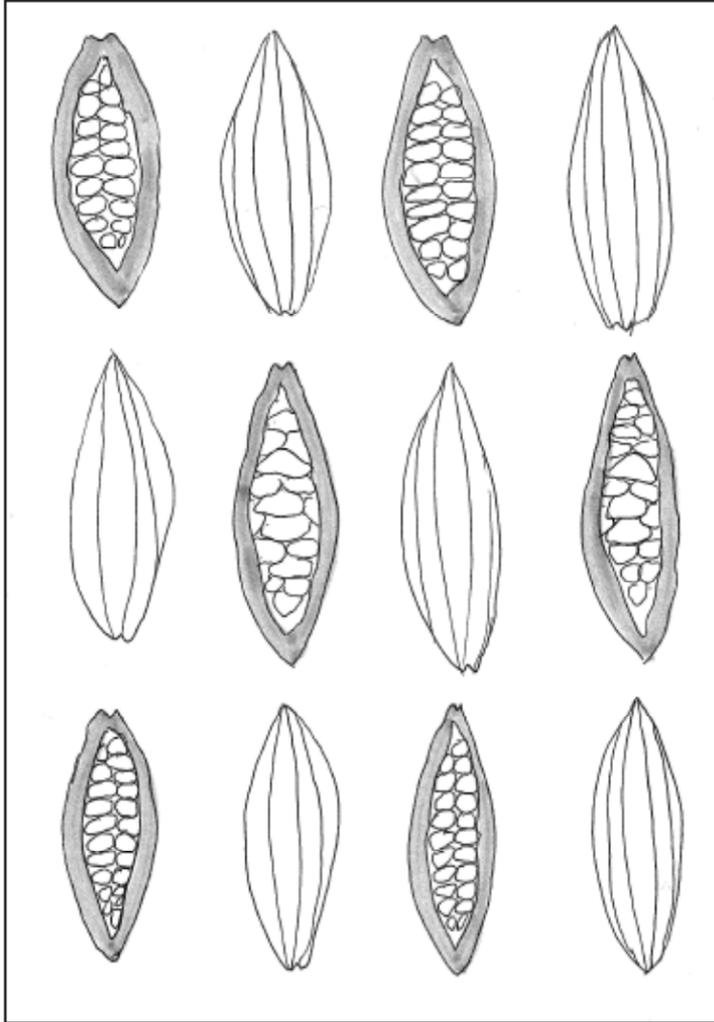
Despite the fact that Halloween was weeks ago, you may still be sneaking a piece of candy from your waning supply every so often. The plastic-wrapped, sugary morsels collected on the holiday seem to conjure an image of fun, but the underlying reality isn't nearly as sweet. That chocolate you are mindlessly nibbling on was likely picked by child slaves.

Ghana and Côte d'Ivoire produce around 70% of the world's chocolate, much of which is bought and distributed by companies such as Nestlé and Hershey's. In Côte d'Ivoire, cocoa farmers make under \$2 a day, resorting to child labor to maintain competitive pricing. In these countries, it is estimated that 1.8 million children are subjected to "the worst forms of child labor," according to a Tulane University study.

Poverty is a major factor in children seeking work, and much of the labor force on cocoa plantations comes from traffickers in surrounding countries, such as Mali and Burkina Faso. Once on the farms, there is no guarantee that these children will see their families soon, if ever again. According to the International Labor Organization in a 2002 survey, there were around 12,000 trafficked children working in Côte d'Ivoire's cocoa plantations. Twelve thousand.

Harvesting cacao is no easy work. Many of these children are between the ages of twelve and sixteen, and their daily work consists of cutting bean pods with large machetes, hauling 100-pound sacks of pods through the forest, and then cracking them open. Because of the hard machete strike that this action requires, many of the children's hands and arms are marked by deep scars. And since children start work on cocoa plantations so young, their education is limited.

In a 2000 *BBC* documentary, a boy from Côte d'Ivoire responded to the



In Côte d'Ivoire, cocoa farmers make under \$2 a day.

Illustration Credit: Miriam Alvarez-Rosenbloom

enjoyment people in the rest of the world obtain from eating the chocolate he produces. "They are enjoying something that I suffered to make," he said. "They are eating my flesh."

Major companies who buy this chocolate are taking action to address labor practices, though not in a timely way. In 2001, the Harkin-Engel Protocol was introduced and sought to "eliminate the worst forms of child labor" in cocoa production in Ghana and Côte d'Ivoire.

The signers, which included the eight major cocoa companies, two U.S. senators, and the ambassador to Côte d'Ivoire, pledged to meet these goals by 2005, though they failed to meet this deadline. Now, a new declaration to support the implementation of the protocol by 2020 has been signed.

But all of this doesn't mean you have to give up the chocolate you love so much. Chocolate certified as fair trade almost always mentions it on the label, and in buying it you can know that the producers were adequately paid and no children were involved.

Brands such as Taza, Theo, and Equal Exchange are good fair trade options. Guittard is a personal fa-

vorite of mine, because not only is the chocolate fairly sourced, but it is also some of the best that I've tried.

In order to address the problem of child labor in cocoa production, we need to be conscious about the issue when buying. In addition to this, larger corporations must take action to ensure better conditions for their farmers. However, anyone can make a difference by voting with their dollar.

Although this may not be the most popular opinion, you don't need to eat chocolate all the time. Consuming low-quality, sugar-packed, unethically-sourced chocolate often does not compare to savoring a rich, smooth chocolate whose origins you can feel comfortable with. Talk about guilt-free.

I get it. It's easy to forget (or never even know) about these unjust labor practices, and chocolate is delicious. But now you know.

Ethical chocolate is often more expensive, but when considering whether it is worth the price, think about who is truly paying—financially or figuratively—for the other options you may be reaching for. It may not be you, but it is someone. And more often than not, that someone is your age or younger.

Bottle Up, CRLS!

The Top Four Reasons to Get a Reusable Water Bottle

By
Willa Frank
Contributing Writer

In my classes, in the halls, on the T, at the movies: Wherever I go, I see bottled water being consumed. Here are my top four reasons to go reusable and take a stand against bottled water. But these are only the facts; it's your responsibility to make the decision.

Plastic Statistics

An estimated 165 million tons of plastic is circulating our ocean, and each year this number increases by 8 million. As for just one example of plastic's pervasiveness in wildlife, plastic has been found in 60% of all seabirds' digestive systems. Don't just skim that number—think about it.

The Harm of Plastic Production

Each year, 340 million gallons of gasoline are used to manufacture plastic water bottles alone. To put this in perspective, the average American uses 500 gallons of gasoline per year for their car.

Take Your Health into Your Own Hands

Unlike tap water, bottled water is not required to adhere to government standards, and doesn't have to disclose water testing results to the public. Harmful bacteria, chemical byproducts, and even prescription medication has been found by the Environmental Working Group* in samples of popular water brands. We don't live in Flint, Michigan—we live in Cambridge Massachusetts, which falls well within federal and state guidelines for safe and healthy drinking water.

Money

On average, a one-liter bottle of water costs about \$1, plus the Massachusetts Bottle Bill fee (yes, this is a thing), for a total of \$1.05. The math comes out to \$384 each year if you buy one every day. But, an 18-ounce basic Kleen Kanteen water bottle costs \$18.95. This means that you can save \$365 each year by going reusable! If you still aren't convinced, let me put it another way. According to the Environmental Protection Agency (EPA), bottled water costs \$1.22 per gallon. By contrast, tap water costs \$0.002 per gallon, meaning that bottled water is 2,000 times more expensive than tap water.

Resources: Good Brands, Good Bottles

Avoid plastic, even in reusable water bottles! BPA-free isn't actually safe, and so-called "reusable" plastic still breaks down over time.

- Kleen Kanteen 18oz: \$18.95
- Hydroflask (insulated) 18oz: \$29.95
- Sigg, Mira, Swell, Miir: similar prices

* If you are truly concerned about water safety, you can use the EWG tap water database to get the full work-up of Cambridge water; learn about the best water filters, and the best materials for reusable water bottles.

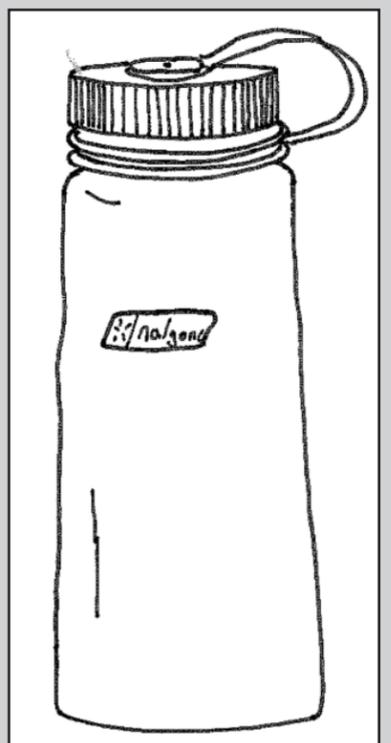


Illustration Credit: Peter Fulweiler

Indian Train Crash Kills 58

Accident Shows Fatal Lack of Organization

By
Samyak Mordia
Foreign Correspondent

Last month, in Amritsar, a city in the Indian state of Punjab, a train ran over a crowd celebrating the festival of Dussehra, killing 58 people and injuring 72 more. The people were sitting on the train tracks and watching the effigy of Ravana burn when the train whizzed past, mowing down the crowd.

Dussehra, which is an Indian festival before the festival of Diwali, is one of the biggest festivals in India. It celebrates victory of good over evil. In all cities and villages, huge effigies of Ravana—a mythological demon which denotes evil—are burned.

According to witness reports, no one was able to hear the whistle of the train or even see the train because of the loud fireworks. Most people present found out about the incident after seeing the dead bodies. The witnesses say that, as the effigy was

lit, the crowd started to retreat towards the train tracks because of the loud sounds of the fire crackers. They did not even realize that a train was coming.

It was a horrific accident. The sight of dead bodies lying on the tracks was unbelievably disturbing. The family of one victim said to a reporter of the national T.V. channel APN, “He was all excited to see the Ravana Dahan [burning of the effigy of Ravana]. He dressed up for it. Said he will be back soon. Little did we know that it will be his mutilated dead body which we shall be seeing.”

Pratap Singh Bajwa, a politician associated with the state-ruling Congress

Party, said that the train failed to stop after the accident on the outskirts of Amritsar. *The Press Trust Of India* also reported that two trains arrived from opposite directions on separate tracks at the same time, giving little opportunity for people to

escape. Prime Minister of India Narendra Modi and President Ram Nath Kovind expressed their sorrow towards the accident, as well. The Amritsar East Member of the Punjab Legislative Assembly, Navjot Kaur Sidhu, whose constituency includes the area of the accident, was the chief guest of the function where the accident took place. “We burned the Ravana effigies at six places today. Most of them were near the railway track,” she said. “The [railway authorities] should have at least issued directions to slow down the speed of the train. Such a big mistake.”

The railways should have been more careful and alert about what was happening on and near their tracks. Although the District Administration, which is the apex governing body of the district, denies having any knowledge about the function, there is enough evidence which suggests otherwise. The function has been taking place at the same venue for many years and is always witnessed by local



The crash in Amritsar last month took place during a festival.

Illustration Credit: Lara Garay

police and administration officials.

The organizers also claim to have written to the police giving information about the event so that the police could make the “necessary arrangements.” If the state representative of the area was invited to a function as the Chief Guest, the District Administration should have known about it.

The political parties are now blaming each other for this disaster. It is not right to politicize such a horrendous tragedy in which so many people have lost their lives. Instead, the parties should get together

to provide relief to the victims’ kins. The politicians should not use this mishap as a propaganda.

The government should investigate this accident and the guilty parties should be punished for their negligence. The crash ruined the lives of many people; therefore, justice will only be imparted when the guilty parties are given appropriate punishment and the victims are given compensation without any political motive.

Samyak, a former CRLS student, currently resides in New Delhi, India.

New President of Brazil Is Like Trump, But Worse

By
Jonah Tauber
Arts & Entertainment Editor

On October 28th, Jair Bolsonaro defeated Fernando Haddad in the second round of Brazil’s presidential election. Bolsonaro, a far-right former army captain, will be sworn in as the president of Brazil on January 1st.

Bolsonaro has been dubbed the “Brazilian Trump” by some, but I find that this comparison fails to grasp just how destructive the President-elect can be for Brazil. The first difference between the two is that, despite being portrayed as a political outsider, Bolsonaro has been in the National Congress for 21 years.

In addition, Bolsonaro holds far more militaristic views than the American leader. He ardently defends the repressive military dictatorship that ruled Brazil from 1964 to 1985, even arguing it did not go far enough. He has also praised the brutal regimes of Augusto Pinochet in Chile and Alberto Fujimori in Peru, former dictatorships also accused of numerous human rights abuses. His rhetoric has been cen-

tered on fighting crime, but his approach is to treat law-enforcement as a war, without regard for casualties among innocent civilians, especially in Brazil’s impoverished favela neighborhoods.

Bolsonaro also poses a severe threat to the Amazon rainforest and the indigenous people who call it home. He has proposed opening up the forest, which is considered the “Lungs of the Earth,” to deforestation and fossil fuel extraction. As for the natives, he says, “We will not have one centimeter demarcated for Indigenous reservations.

... Where there is indigenous land, there is wealth beneath it.”

Furthermore, he has been openly misogynist and homophobic



Jair Bolsonaro defeated Fernando Haddad in Brazil’s October presidential election.

Illustration Credit: Lara Garay

rather have a son of mine die in an accident [than be gay].”

This potential dictator isn’t just some lone wolf; he has plenty of friends in high places. While he doesn’t talk about it often, Bolso-

naro’s economic policy is key to his campaign. His economic advisor, Paulo Guedes, was a banker in Chile during the Pinochet regime and hails from the same school of neoliberal thought that backed the dictator. Guedes has backed massive privatization efforts, potentially selling off Brazilian state-run companies to the highest bidder. Like with Pinochet, Wall Street has been willing to hold its nose and back Bolsonaro, hoping for big payoffs in the near future. As one anonymous banker said, “My job is to make sure the bonds get paid on time. As for the rest—it’s up to the Brazilians to decide.”

What does the election of Bolsonaro mean for us? The most direct impact is the potential depletion or even total loss of one of the world’s largest carbon sinks in the Amazon. Brazil itself is the fifth most populous country in the world, so the effects of Bolsonaro’s presidency will affect hundreds of millions of people. But what this election signifies more broadly is the willingness of finance capital to neglect human rights and to back a fascist in order to impose exploitative neoliberal policies on a country already in economic turmoil.

THE PERFECT GINGER COOKIES

By
Willa Frank
Contributing Writer

I recently made these cookies with my mom one afternoon and fell in love! They are the perfect blend of sweetness, ginger, and spices that remind me of the holidays in each bite. I recommend having them with milk or Earl Grey tea (feel free to dip!).

I adapted this recipe from the blog *Call Me Cupcake*. It should make about 30-35 small cookies. The recipe was originally in gram measurements, but I tested it with the cup conversions and it tastes just as delicious. Enjoy!

Ingredients:

- 2 cups all-purpose flour
 - 1 tsp baking soda
 - 2 pinches of fine salt
 - 1 ¾ sticks butter (let soften to room temperature)
 - ½ cup white granulated sugar
 - ½ cup dark brown sugar
 - 4 tbsp maple syrup*
 - 1 ½ tsp ground ginger
 - 2 tbsp chopped crystallized ginger
 - 1 ½ tsp ground cardamom
 - 1 ½ tsp ground cinnamon
 - 1 tsp ground cloves
- *If you have Lyle's golden syrup, corn syrup, or

honey, these work too—experiment which you like best! I made these a few times with different variations, and I like ½ Lyle's and ½ maple the best.

Directions:

Preheat oven to 350°F. Whisk together flour, baking soda, and salt. Set aside.

With a stand or handheld electric mixer, beat the butter, sugars, syrup, gingers, cardamom, cinnamon, and cloves on medium speed until the mixture is lighter in color and creamy (should take around 2 minutes). Scrape down the bowl and add the flour mixture in 3 parts until combined.

Roll dough into 1 to 1 ½-inch diameter balls. Place on the parchment, leaving about 2 inches between each cookie. It depends on the size of the pan, but I baked my cookies in 2 batches.

Photo Credit: Willa Frank

Bake for 12 minutes. You should see crinkles on the surface of the cookies. Allow the cookies to cool for 5 minutes before transferring to a cooling rack to cool completely.

Share these beauties with your family and friends (or hog them for yourself—that's also a valid choice).



Thanksgiving Traditions at CRLS

By
Dachenie Ganthier
Contributing Writer

Thanksgiving is a holiday celebrated only within American culture, which is why not everyone at Rindge will say they observe it. In my country of Haiti, we don't celebrate Thanksgiving or anything similar to the holiday.

When I moved to the U.S. in 2016, I started celebrating Thanksgiving. It was my first Thanksgiving! I was so excited; I felt like the day would never come. When it finally came, we

slept over at my aunt's house in Woburn, where we were celebrating. We mixed our Haitian food with the traditional American dishes; my mom's Haitian potato salad sat next to the mashed potatoes on our dinner table.

It was really exciting for me because my cousins told us how they enjoyed Thanksgiving, and I couldn't wait to experience it for myself. We played, sang, and watched movies together after we ate. Thanksgiving became my favorite holiday.

Even if you don't celebrate Thanksgiving, it is important to be grateful for what you have anyways.



RUTH TRINIDAD '21

In the Dominican Republic, where Ruth is from, something very similar to Thanksgiving is celebrated on December 24th. It's called Nochebuena, meaning "good night," and families gather to eat dinner, drink, and dance.

Ben celebrates Thanksgiving by visiting his grandparents in Maine. Just like many others, he eats lots of food—turkey, stuffing, mashed potatoes, and the like. However, he balances it out with football with his cousins and a 5K run.



BEN HICKS '19



MS. SHIN

Ms. Shin is from South Korea, where Chuseok is celebrated in place of Thanksgiving. Families celebrate together in their hometowns and visit their ancestors' graves, setting up meals for them to pay respect.

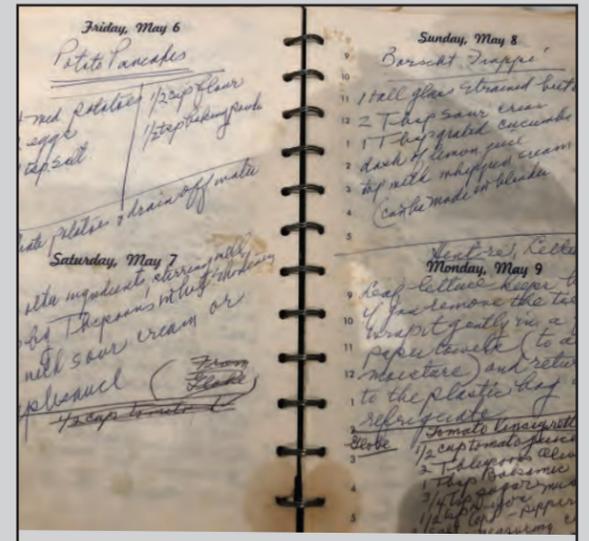
Potato Latkes for Hanukkah

By
Vera Targoff
Managing Editor

My granny was a wonder in the kitchen, somehow managing to prepare elaborate meals for over 20 people every Jewish holiday. Each separate celebration had a signature dish that went along with it, and she never failed to supply enough for the entire family to have plenty. My grandmother passed away last winter, and allowing her recipes to live on is my way of keeping her around. So, I want everyone to enjoy these classic potato latkes this Hanukkah season as a way to share her tradition. Happy Hanukkah!

Ingredients:

- 4 medium potatoes
- 1 onion
- 2 eggs, beaten
- 1 teaspoon salt
- ¼ cup vegetable oil



Targoff and Greenblatt's grandmother's classic potato latke recipe.

Photo Credit: Harry Greenblatt

Directions:

Preheat oven to 250 °F.

Peel potatoes and coarsely grate by hand, transferring them to a large bowl of cold water as grated. Soak potatoes 1 to 2 minutes after last batch is added to water, then drain well in a colander. Grate onion.

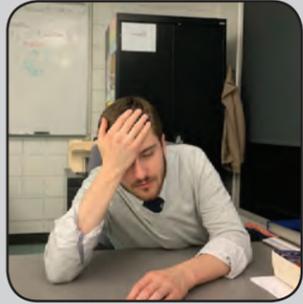
Spread grated potatoes and onion on a kitchen towel and roll up jelly-roll style. Twist towel tightly to wring out as much liquid as possible. Transfer potato mixture to a bowl and stir in egg and salt.

Heat oil in a 12-inch nonstick skillet over medium-high heat until hot but not smoking. Working in batches of 4 latkes, spoon 2 tablespoons potato mixture per latke into skillet, spreading into 3-inch rounds with a fork.

Reduce heat to medium and cook until undersides are browned, about 5 minutes. Turn latkes over and cook until the other sides are browned, about 5 minutes more.

Transfer to paper towels to drain and season with more salt. Add more oil to skillet as needed. Keep latkes warm on a wire rack set in a shallow baking pan in oven.

CRLS RESPONDS: What is your favorite holiday food?



Mr. MacLaury
History teacher

"I like lots of types of pie. Thanksgiving gives me the excuse to eat and make pie."

Alasia Maxwell-Perkins
Class of 2020

"Valentine's Day Sweethearts."

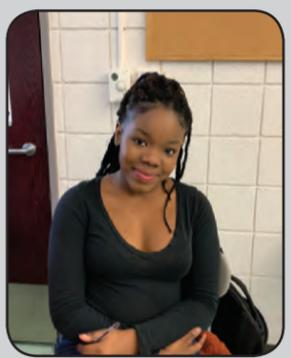


Matthew Hernández
Class of 2020

"During Christmas time, my mom makes empanadas. I've grown up with them, and look forward to them every year."

Boelo Cromheecke
Class of 2019

"Turkey. I don't know, I like chicken and it tastes like chicken."



Chelsea Bernard
Class of 2020

"My aunt's baked mac and cheese at Thanksgiving. It's a family tradition; [Thanksgiving] wouldn't be complete without it."

Anthony Grassi
Class of 2019

"Panettone. I love it because it's delicious and my family always brings it, and it's super Italian."

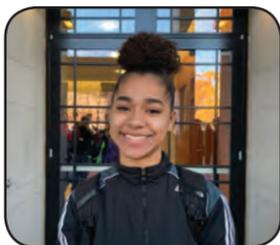


Halina Anderson
Class of 2020

"My favorite holiday food is candy because Halloween is an acceptable time to eat an excessive amount of candy."

Liz Roman
Class of 2020

"Seasoned mashed potatoes, when the potatoes aren't fully smashed."



By Marta Cremonini

A Family Tradition: Sweet Potato Pie

By
William Reed
Layout Designer

15-20 regular-sized marshmallows
1 cup evaporated milk

Directions:

Place sweet potatoes in a large saucepan and add water to cover. Bring to a boil, then reduce heat and simmer until tender, for about 45 minutes. Drain well.

Preheat oven to 350° F. Add butter to hot potatoes and mash until smooth. Add sugar, nutmeg, egg, and vanilla, mixing well.

Combine baking powder with evaporated milk and stir to blend. Add to mashed sweet potatoes. Whisk the mixture until it is velvety.

Then, mound it into the pie shell and spread evenly to edges. To top it off, cover all of the smoothed mixture with marshmallows.

Bake the pie until it is set and lightly browned on top, for about 55 minutes. Cool before serving.

Every Thanksgiving, my dad makes a lot of food. The entire Thanksgiving dinner is my favorite meal of the year, yet there is one dish that stands out to me: his sweet potato pie. I know that might sound basic, but his is so good and has a bit of a sweet twist. I also love helping him make it every year. This pie is soft and sweet, but the perfect side course for a typical Thanksgiving meal. Enjoy!

Ingredients:

3 medium sweet potatoes, peeled
5 tbsp butter, at room temperature
¾ cup sugar
1 ¼ tsp freshly ground nutmeg
1 large egg
½ tsp vanilla extract
2 ¼ tsp baking powder
9-inch unbaked pie shell

WINTER QUINOA & KABOCHA SALAD

By
Sun-Jung Yum
Editor-in-Chief

1 pear, sliced
1/3 cup pomegranate seeds (or dried cranberries)
3 cups chopped kale and brussels sprouts (I use a premade mix called "Cruciferous Crunch" from Trader Joe's!)

Sea salt and black pepper, to taste

Optional: 1/4 cup sliced and toasted almonds and 1/4 cup crumbled cheese (I use goat)

Directions:

Line a large baking sheet with parchment paper and preheat your oven to 400° F.

Toss the squash with 1 tbsp of the olive oil and a little bit of salt and pepper. Roast for 25-30 minutes, tossing halfway through.

Tossing fruits into salads seemed revolting to me for years. Boy, was I wrong; this easy-to-make salad is an unexpectedly mouth-watering blend of ingredients that are plentiful in the wintertime.

Now, it might seem obscene to eat something healthy (with protein-packed quinoa, fresh fruits, kale, and carotene-filled squash) for the holidays, but I promise that you won't regret it. I made this for Thanksgiving dinner last year and my entire family, which normally groans at the sight of healthy food, fell in love.

Plus, it tastes amazing (maybe even better) straight out of the fridge, making it a perfect lunch for days to come. They were the first leftovers that ran out! Have it as a side dish or top it off with avocado and your favorite protein (chicken is always a good bet) to make it a complete meal.



Kabocha squash, pears, and pomegranate all add a sweet kick to this salad.

Photo Credit: Sun-Jung Yum

Meanwhile, cook the quinoa with the water, 1 tsp of olive oil, dried onions, and garlic powder. Heat at high heat until boiling, then bring it down to a light simmer (low heat). Cover and simmer for around 10 minutes or until all the water is absorbed. Then, turn the heat off, leave covered for 5 minutes, and fluff with a

fork.

Whisk together 2 tbsp of the olive oil, balsamic vinegar, salt, and pepper. Massage (literally, get your hands in there) this into the chopped kale and brussels sprouts.

Toss with quinoa, squash, pear, and pomegranate. Top it off with the almonds and cheese and serve!

Ingredients:

1/4 cup quinoa, uncooked
3/4 cup water
2 tsp dried, chopped onions
1/2 tsp garlic powder
1/2 kabocha squash, diced
3 tbsp plus 1 tsp olive oil
2 tbsp balsamic vinegar

Editorial Note: *The following are works of EDITORIAL SATIRE and do not represent the views of The Register Forum*

EXCUSES TO ESCAPE A FAMILY THANKSGIVING DINNER:

1. "I have to put my Christmas decorations up"
2. Fake a stomach bug
3. "I have too much HW"
4. Fake the plague
5. "I just got hit by a car"
6. "I just got hit by a bus"
7. "I just got hit by a car and a bus"
8. "I'm vegan"
9. "Thanksgiving is a social construct"

NEXT MONTH'S HEADLINES



Chromebook to Replace Falcon as School Mascot

Traffic Police Monitors Second Floor Hallway Between Classes

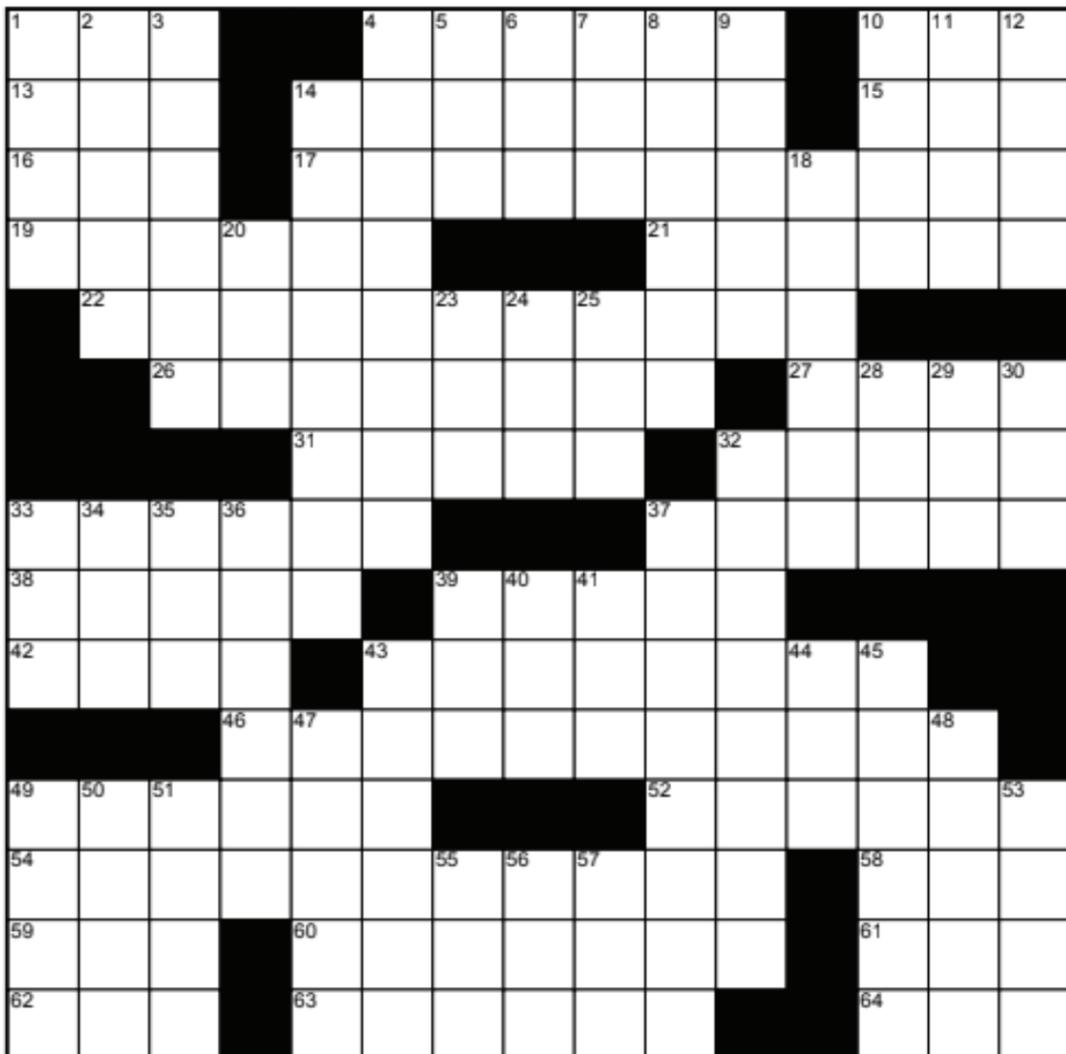


X-Block on How to Walk in the Hallway

By Stella Engel-Werman and William Reed

THE NOVEMBER ISSUE(S)

BY MADELEINE DICKMAN & PETER LASKIN



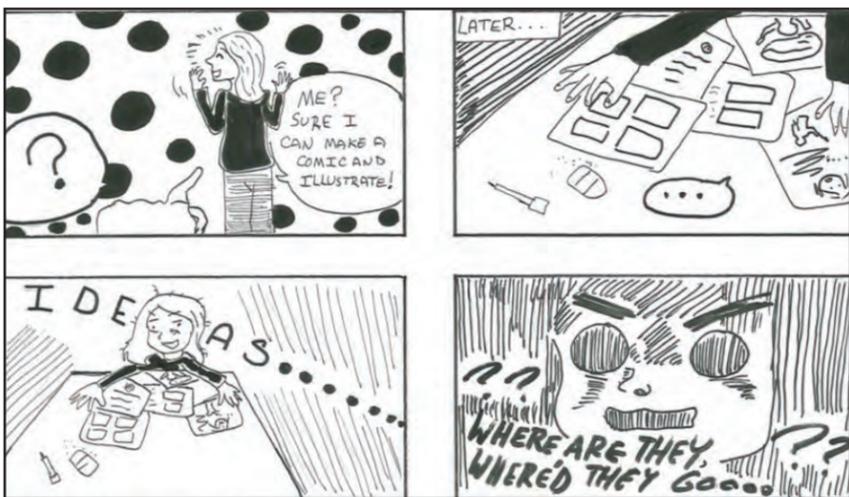
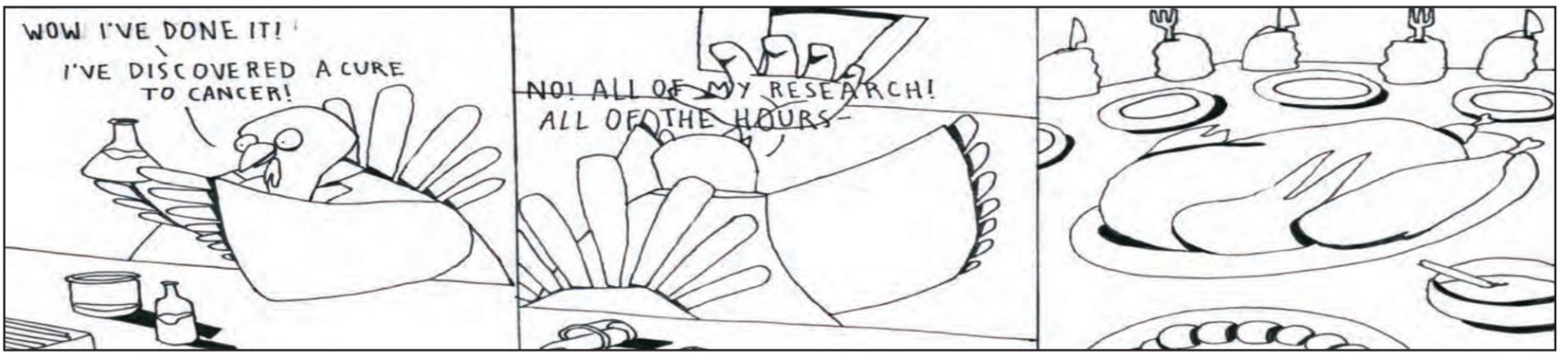
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| 9 Fibula neighbor | | | | |
| 10 Skelton subject | | | | |

Editorial Note: *The following are works of EDITORIAL SATIRE and do not represent the views of The Register Forum*



HUMOROUS HAIKUS

Please walk faster thanks
 Do not hug in hallway please
 Thank you thank you thank

It is freezing out
 This is a winter haiku
 Toilet seat is cold

Cartoons by: Teymura Landsverk (bottom left) & Lara Garay (remaining)

Haikus by Stella Engel-Werman & William Reed



NOVEMBER WORD SEARCH



U E C H R O M E B O O K T S M L P L X Q V I X
 X X R Q C A F L I T G H J V N Y K Z P O L X O
 L C Y N O W P I E U T C O J P U X Z T T Q D D
 H H S L M B E K N T P P C N M G L E U C M H C
 E A G P M I S X K B C A E T K J S U G N K M B
 L N H T O R K A X Y X Y M R B W M W A A D A D
 E G V E N T E X M T H M I A R E C C O S L P V
 C E J A A H L P H T B Z C J Q M R N H R J N B
 T S J D P R T T M K U W E D I R P N O C L A F
 I T D T P I O D U B P I M L L A B Y E L L O V
 O U K Q U G N P X G O V Q X J V I I G X A J C
 N D F O M H A T H A N K S G I V I N G Z K W C
 S E H N F T S B O H E M I A N R H A P S O D Y
 X N T N O T K Z Y W G P W E P A V L V L L A F
 G T A Z M V H X W A O J C O J G X E O E Z K O

WORD BANK

- BIRTHRIGHT
- HONK
- BOHEMIAN RHAPSODY
- PIE
- CHROMEBOOK
- SKELTON
- COMMONAPP
- SOCCER
- ELECTIONS
- THANKSGIVING
- EXCHANGE STUDENT
- FALCON PRIDE
- VOLLEYBALL
- FALL
- VOTES

Word search by William Reed



THE REGISTER FORUM
FALL SPORTS REVIEW



By Charlie Bonney, Max Davis, and Rory Millar

BOYS SOCCER

The boys soccer team entered the season with the goal of making the playoffs. Even though the team did not achieve this goal, sophomore Will Bavier says, “We improved as a team and started to build chemistry with each other.” Although the team finished 3-12-3, many of the games were closely contested. The main issue, according to Bavier, was that “even though we had a lot of individual skill on our team, we couldn’t combine it to pull out the results we wanted.” Many of the team’s key players will graduate this year, meaning the program will be led by a younger squad next year.

BOYS CROSS COUNTRY

The boys cross country team was confident entering this season; sophomore runner Eben Lowenstein says, “We were all really excited, and knowing what the returners and upperclassmen were capable of, we had our sights set on winning the DCL [Dual County League].” Although the team failed to meet this goal, they still had a successful season—they sent their top seven runners to States. Lowenstein says the team is “excited to go and show the state of Massachusetts what we’re capable of.” Looking to next season and beyond, Lowenstein says, “We definitely see ourselves winning the DCLs in the near future.”

GIRLS CROSS COUNTRY

Despite a young core of runners, the girls cross country team had a successful season in the Dual County League. Senior Caroline Williams says, “We had a good season; there was a lot of improvement throughout the whole team ... There is a lot of young talent, so the future looks bright.” Williams placed second at the Division 1 meet this year and is now heading to All-States.

GIRLS SOCCER

After graduating eleven seniors in 2018, the team knew it was going to be a rebuilding year. “I think this season was a building year because of the loss of last year’s seniors, as well as some changes to the program,” junior captain Margaux Harrington says. “However, I think the team handled these changes well and showed a great deal of perseverance throughout the course of the season.” The team experienced a massive win on Senior Night, 5-1 against Lowell—a proper send-off to the seniors on the team.

CHEERLEADING

The cheerleading team had another great season alongside the football team at Russell Field. They really felt they grew as a team from last year and bonded by the end of this fall season. They also enjoyed watching the football team win more games than they had in years previous. According to junior Amy Khoshbin, they are hoping to “close out the season strong with an awesome performance” in the final games.

GIRLS VOLLEYBALL

The girls volleyball team had a disappointing season after coming off one of the best in the school’s history. The team only managed a record of 6-13 despite high expectations. However, their record does not define the season they had, as many games came down to the wire and resulted in extremely close scores. As for the future of the program, senior Melissa Liu says that “there is a lot of potential in the young players” and that she is “excited to see what they can do in the next few years.” The team hopes for a redeeming season next year in their tough division.

CREW

The crew team had a successful fall, with both the boys and the girls teams competing in several races, including the Head of Charles, the Public School Races, and the Textile River Regatta. According to Zoe Tekeian '20, the team “had a pretty successful season,” especially in the Head of the Charles. “At the Head of the Charles, we finished 24th out of 85 at the Head of the Charles in our race, eight places higher than last year,” she says. The boys boat finished 42nd out of 85 in the Head of the Charles; however, they did much better in the Public School Fall Championship, with the varsity boat finishing first in the race.

FENCING

This fall, the fencing team experienced a massive success, with the relatively new CRLS program growing to an all-time high of 60 members. There is a lot of enthusiasm within the program heading into the competitive winter season. “We’ll have to cut down on our numbers and make tough decisions to put together a strong team to send to competitions and eventually state championships,” says senior Jonas Hansen, who was last year’s individual state champion. “We have a lot of new members who are already experienced fencers, as well as many who have only just picked up a sword but worked hard and really showed promise.”

GOLF

The golf team knew this season was going to be difficult from the beginning. Sophomore Luc Denney said, “We knew we were going to be pretty weak; we lost a lot of seniors [last year].” The team went winless this year in 15 matches. This record is certainly a reflection of the level of competition in the Dual County League. Denney explains, “We are facing strong competition throughout the season, which contributed to our poor record.” The team is set to have another tough season in the DCL next year.

FOOTBALL

The CRLS football team knew that they had to prove their worth in the DCL this year. They started the season with a few tough losses but soon began to mesh as a team. Their record stands at 3-8 this year entering the annual Thanksgiving game against Somerville High School. Senior and all-star kicker Tanzid Sakib states, “We have a win streak going into the Somerville game. Hopefully, the young players next year can create a winning culture for CRLS football.”

Girls Volleyball Remains Positive After Tough Season

Following Last Year's Semi-Finals, the Team Lost Momentum But Learned Lessons

By
Leo Barron
Contributing Writer

After an exciting season last year, during which the girls volleyball team made it to the semi-finals of the state tournament, the team was unable to carry the momentum from last year into this season. After losing only four seniors last year, there was optimism that the team could make another run for the state title. However, things did not go as planned. The team started off strong, winning their first two games, but ultimately won only four of their next eleven games, finishing 6-13 at the end of the season. Angelica Cianella, a sophomore on the team, says that the season was rough; "We weren't playing to our full potential, and we struggled to find ways to work together when we went out on the court."

Although their record was subpar, the team showed potential with great plays by seniors. Melissa Liu '19 and Lily Taylor '19, both captains on the team, put the interests of the team before themselves; they moved from playing in the middle last season to playing as outside hitters this year. Jaadyah Shearrion, a junior on the team, provided energy and was always able to push her



Following this season, girls volleyball is looking for a comeback with younger players.

Photo Credit: Suraiya Seema

teammates to the next level. Sophomore Kamilla Santos provided a much-needed boost to any position she was asked to play.

Although there are aspirations of getting back to the state tourna-

ment, coach Kelly Leary, recognizes that may be difficult. "Being in the Dual County League for volleyball is challenging," she explains. "The reality is, in the league, most girls are playing volleyball year-round. I

would love to see Cambridge offer places and programs for athletes to improve." This is a familiar sentiment for other teams at CRLS. In the Dual County League, many athletes are playing for expensive club teams year-round, and it is hard to compete with teams who have so much more experience.

Desarei Silfa, a sophomore on the JV team, hopes that the experience some girls have gained from the JV team can help the varsity team compete next year. "The drills we did at the JV level were either similar or the exact same as the ones the varsity team did, so we will be ready to compete when the time comes." Next year, five players will graduate, meaning that they may be helped by having a young but experienced roster. There were five freshman on the varsity team this year, each of them showing promise. If the team can make this year a learning experience for them, the sky will be the limit for how far they can go next year.

Jahmaya Adamson, a junior on the varsity team, has the utmost confidence in the team for next year. "Next year, we are going to win more and make states. Everyone is going to be stronger and be able to use the mistakes from this year as a learning experience to win next year."

Freshman Boys Soccer Team Works for New Gear

By
Charlie Reed
Contributing Writer

As the season for the boys freshman soccer team came to a close, the boys ended their season with a strong five win, nine loss, and two tie record. But, in the end, they left with customized CRLS soccer warm-up jackets.

At the beginning of each soccer season, the boys freshman, junior varsity, and varsity teams are offered a chance to earn fundraising money by cleaning up the home soccer field facility known as Danehy Park, which used to be a landfill.

Given that the turf and much of the park is covering decomposed trash, and the large number of events that the park hosts, there are bound to be pieces of trash lying around areas of the park.

The park is used by many members of the Cambridge community,

not just for teams using it for practice. Since no one wants trash in their parks, the CRLS teams collect the trash to earn money for equipment. In the past, only the boys varsity team earns enough savings to buy gear such as bags, sweaters, and jogger pants while the freshmen team is left with nothing but a few dollars and a handful of useless trash. However, this year, the freshmen were able to rise up and earn over one thousand dollars.

Freshman captain Krish Dhanda says, "The

"Working hard as a group benefits the program and players in the end."

Danehy clean up was a good idea because it combined community work with personal gain." Dhanda explained, "[It] gave a sense of working together to get something done to benefit the team." The captain connected this experience with playing a soccer game; working hard as a

group benefits the program and players in the end.

Occasionally, the JV boys team is able to earn enough money to buy CRLS soccer long sleeve t-shirts alongside varsity's nice equipment, but this year the freshmen team was able to earn training jackets with their assigned number and last name printed onto them.

By collecting large amounts of trash at Danehy on a weekend morning, the freshman team persevered, making enough money for the apparel. The more trash that is collected, the greater the possibility to gain more money for warm-ups, which the freshman team was able to do.

The center midfielder on the freshman team, Aidan Davis, states, "The jackets look nice and are very comfortable. [They] also show that you are part of a closely knit, well put-together team."



Freshman boys soccer team captain Krish Dhanda and player Charlie Reed wear the newly earned team warm up jackets.

Photo Credit: Lily Fitts

The freshman team not only worked together to get gear, but they also demonstrated strong team skills in doing so.

Freshman soccer team member Nathan Yewendossen exclaims, "Without the jackets, the team wouldn't be official."